

A N N U A L
N A R R A T I V E R E P O R T

Yuma County

December 1st, 1948

November 30, 1949

AGRICULTURAL EXTENSION SERVICE

Miss Mariel Hopkins
Home Demonstration Agent

Miss Mariel Hopkins
Home Demonstration Agent
Yuma County, Arizona
1949

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ANNUAL NARRATIVE REPORT
of
Miss Mariel Hopkins
Home Demonstration Agent
Yuma County
1949

C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

(a) Adult Work--Highlights

Eight Home Demonstration Clubs have held ninety-four meetings during the year with a total attendance of thirteen hundred and ninety six. Of these forty were attended by the Agent with a total attendance of five hundred ninety four.

The above shows a close resemblance both in total meetings and in meetings attended by the Agent to those of the previous year. The program seems to have leveled off after a transition of several years because of the expanding 4-H Club Program.

To show this transition the following figures may be cited.

<u>Year</u>	<u>Days devoted to Adult Work</u>	<u>Days devoted to 4-H Work</u>
1945	166	118
1946	141	143
1947	134	160
1948	116	168*
1949	125	154*

*NOTE: These figures should be increased to 192 for the year 1948 and to 168 for 1949 because both years an Assistant Home Demonstration Agent doing full time 4-H work were in the County to work with the Agent in preparation for the Junior Agricultural Fair. In 1948, Mrs. Elizabeth Eby came and in 1949, Miss Marietta Shoup.

Obviously there is no time for the Agent to work at an expansion program because of a very full schedule. The lack is felt mostly in the northern part of the County and with the Yuma-Mesa homesteaders. An Agent to relieve the Agent of part of her present program would greatly help the Home Demonstration cause in Yuma County.

There are calls from organizations which each year depend on the Home Demonstration Office for part of their program. This current year the Agent has served nine organizations, other than Home Demonstration Clubs, each with one or more method demonstrations during the year. There have been other requests which the Agent has not been able, because of a full program, to fill in person. Other than this, such organizations as the Arizona Home Economics

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Association, Yuma Chapter No. 14, Order of the Eastern Star, The Zonta Club, and Delta Kappa Gamma Educational Association, Parent-Teachers and Church organizations have been served by the Agent. A County-wide program in nutrition, clothing and Home Management was planned with the State Office and has been carried out.

NUTRITION

In January of 1949, the Nutrition Specialist was in Yuma County for a local leader meeting on "Favorite Mexican Dishes" featuring the actual preparation and serving of a buffet luncheon. Its nutritional value was developed in a round table discussion. This meeting was given back to all groups sending leaders--eight clubs in all.

The Agent has found repetition among clubs of nutrition leader meetings of previous years such as: "Holiday Meals" featuring a poultry dressing demonstration; "Grapefruit Desserts" featuring uses for local grown citrus; "Preparation of Food Materials for Freezing".

There have been demonstrations by the Agent, in addition to those by local leaders, on Home Pasteurization of Milk; Ways of Using Dates in Menus; Egg Cookery; Christmas Sweets.

In food preservation, actual help has been given in the preservation of meat, poultry, dates, figs, citrus juice and segments, peas, tomatoes, sauerkraut, peaches, pears, plums.

Freezing is, to a good extent, replacing canning as the standard method for preserving foods. As nearly as can be determined, the following totals represent the food preserved as a result of the Home Demonstration program in Yuma County during 1949.

6000 quarts of fruit canned
16000 quarts of fruit frozen
4500 quarts of vegetables canned
10000 quarts of vegetables frozen
2500 quarts of meat canned
25000 pounds of meat frozen

As in previous years, the Agent has answered inquiries and distributed Extension bulletins on freezing and canning of foods; child care and training; food preparations and selections; gardening; menu planning, etc.

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A bulletin board in the Agent's Office has served to dispense ~~of~~ bulletins on the various phases of nutrition. Among these may be mentioned the following: Home Curing of Dates; Home Freezing of Fruits and Vegetables; Freezing Meat and Poultry Products; Money Saving Main Dishes; Turkey on the Table the Year Round.

CLOTHING

The State Clothing Specialist spent seventeen days in the County in the interest of the adult program. On all occasions her subject was "Tailoring". In February a Leader Meeting was held with thirty two Leaders representing ten organizations. This was the fore runner of a Tailoring School begun in September. The school has been very thorough resulting in not only thirty-five beautifully tailored suits and coats made but, what is more important, in thirty five leaders with subject matter training for adult and 4-H leadership in the County. The school was an outstanding success.

There have been eighteen adult method demonstrations by the Agent during the year on Tailoring Techniques; Dress Forms; Bound Button Holes and Zipper Fasteners; Christmas Toys.

There has been a spread of influence in all communities through local leaders. More than one hundred women have made Pressing Equipment as directed in the pamphlet prepared by the State Clothing Specialist entitled "Simple Equipment Needed for Tailoring". It is estimated that more than five hundred families have been assisted by the adult and 4-H program.

HOME MANAGEMENT AND FAMILY ECONOMICS

As in previous years, household accounts are being kept by the major portion of Home Demonstration Club members. The practice is in part due to the Home Demonstration program. However, for several years now, income tax returns have been the biggest factor in making the practice mandatory.

The State Home Management Specialist spent five days in the County in the interest of the adult program. The subjects presented at Leaders meetings were buying techniques under the caption "Out-witting the Dollar" and "Refinishing Furniture". In addition she came to the County the very last of November last year and conducted a Leader meeting on "Problem Windows". Obviously all the follow-up for this last meeting has come during the current year. This year the leader meeting "Refinishing Furniture" has come the very last of November so that the follow-up must come next year.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (Cont'd)

During the first three months of this year, the Agent gave back the subject matter on "Problem Windows" to six groups using the illustrative material left in the County by the Specialist. On seven other occasions this material was loaned to leaders for use in their respective groups. After the Leader meeting in March, the Agent gave back the subject matter on "Outwitting the Dollar" to five groups. The illustrative material or kit left by the Specialist was used by Leaders from different groups six times.

The "Problem Window" demonstration has brought good results in all communities. It is estimated that more than one hundred homemakers have followed through with the suggestions made. One all day Home Demonstration Club work meeting on the Making of Drapes was supervised by the Agent.

The making of slip covers and re-upholstery of furniture continues to be practiced in all communities as a result of Home Demonstration work. Most of these practices are a result of demonstrations in previous years. During the current year six demonstrations or all day work meetings have been held by the Agent. There has been a report of nine such meetings being conducted by Leaders. There have been others not reported.

JUNIOR WORK--HIGHLIGHTS

A combined report for 4-H Home Economics and Agriculture Club Work is being submitted in a separate report. However since the time of the Home Demonstration Agent was, more than half, devoted to 4-H Club work, it can scarcely be omitted from her report.

In addition to supervision of 4-H Home Economics projects in the County, the Agent has spent time with the preparation and operation of three major events in the County, as follows:

- (1) A County Junior Agricultural Fair
- (2) A Rodeo Parade
- (3) A County Recognition Event

As in previous years, the Fair this year required much time in preparation. As usual the Home Economics

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont'd)

divisions were: (1) Exhibits; (2) Demonstrations; (3) Judging. Two hundred and thirty eight girls exhibited from one to five articles making a total exhibit of well over a thousand articles. The quality of all divisions showed an improvement over previous years. There were thirty-three demonstrations including Clothing, Food Preparation, Food Preservation, Dairy Foods, Home Management and Home Furnishings. The judging included contests in both Clothing and Food Preparation.

A Float was planned and executed to publicize 4-H club work at the time of the Silver Spur Rodeo. Workers included a committee of 4-H leaders, members and staff members. Built from beginning to end, the float highlighted a globe with the map of the world covered with green and white "glitters". The inscription read "Better Living Today--Better World Tomorrow".

The Recognition Event, again this year, took the form of a banquet with 4-H club members, leaders, and parents invited. Awards for the year were made: Club, County, State. This current year Yuma County placed first in the following State Home Economics contests; Dairy Foods Demonstration Team; Dairy Foods Demonstration Individual; All Round 4-H Club Girl (Santa Fe Award).

During the year a total of twenty-one 4-H Clubs in Clothing, Meal Planning, Food Preservation and Home Management were supervised by the Agent. Because of our climate, the major portion of project work was carried during the school year. For the past four years local achievements have not been held, as previously, in the spring of the year, but have been incorporated with the Recognition Event previously discussed. In the northern part of the County, however, local achievement events were held in May.

(B) STATISTICS

From the statistical report is the following:

Days spent in Adult Work	125	
Days spent in 4-H Club Work	154	
Total for year		279
Days spent in Office	61	
Days spent in Field	218	
Total for year		279

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (Cont'd)

Days spent on Projects

Organization and Planning	84	
Improvement and Equipment	34	
Nutrition and Health	64	
Clothing, Family Economics, Parent Education, Community Life	97	
Total for year		279

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

(c) Local factors influencing the work of the Home Demonstration Agent in Yuma County, are modified by local conditions, most of which have to do with topography and climate. For this reason, as in previous years, a brief explanation seems justified. While the total acreage of Yuma County is in round figures six million, or one-twelfth of the acreage of the entire State of Arizona, nevertheless the total acres on which cultivated crops have been grown has been relatively small. Since the 1940 census about twenty-five hundred acres of land in the South Gila Valley and on the area north of the former Army airport have come into cultivation for the first time. And now, with the Wellton-Mohawk project an assured thing, the above promises to be changed.

However at present, the acres under cultivation in Yuma County is little more than two percent of the total. In general this low percentage is due to unused land divided into soil highly productive but without water supply, and hard pan plus caliche desert soil including small mountain ranges of comparatively low elevation. Of the land under cultivation, approximately one-third is farmed by tenants while two-thirds is owner-operated.

There is, as in previous years, a high percentage of shifting rural population. These factors; that is distances to travel and large transient population, make follow-up checks of much more than average difficulty. Local leaders, also, can not function as effectively as in many other sections.

In some localities in Yuma County, the soil and water are of such mineral content as to make the growing of a home vegetable garden very difficult. Because until the year 1942, vegetables were available in our Yuma markets in good variety and for much less than these particular communities could produce them (irrigation costs, etc), the practice of home gardens was confined to the upper and lower Yuma Valley and communities where the salt soil is not prevalent.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (Cont'd)



Taken in May showing the Desert in bloom.

Another local factor influencing Home Demonstration Work in Yuma County is the Mexican population. Approximately one-third of the county is Mexican. Of these Mexicans only a small percentage (approximately seven percent) are naturalized. These are highly patriarchal in family life. This accounts for the fact that while the children are accessible for extension work through the schools, the women are practically unapproachable. There are, however, women in our Home Demonstration Clubs who speak Spanish and who have acted as interpreters in all community projects.

Mention should also be made of the Indian population. There are two Indian Reservations as follows:

- (1) Colorado River Agency located at Parker.
- (2) The Cocopah Reservation, located in the lower Yuma Valley. There is also the Fort Yuma Indian Agency located on Indian Hill, in California, Directly across the river from Yuma.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (Cont'd)

For the past few years, the state policy has been for Extension personnel not to work directly with Indians. This year this policy has been done away with. Already steps have been taken to carry an Extension program with the new settlers in the Parker area as told later.

(d) Form of Organization

Yuma County Home Demonstration work is organized under two headings as follows:

- (1) Work with Adults through regularly organized Clubs; through clubs other than those primarily organized for Home Demonstration work; through home visits; office and telephone calls; through individual and circular letters; through newspaper articles and radio broadcasts.

Regularly organized Home Demonstration Clubs include the following areas: (1) Yuma vicinity (2) Upper Yuma Valley (3) Yuma Mesa (4) Somerton (5) Gadsden (6) North and South Gila (7) Wellton (8) Roll and Tacna.

All Home Demonstration Clubs have a roster of members in the Agent's Office and notices of meetings are sent to each member.

Club programs have been initiated at a County Home Demonstration Council meeting when club representatives, the Agent and State Office representatives have formulated a calendar for specialists work in the County and for subjects to be presented based on needs and interests. As nearly as possible, programs for the clubs have been planned on a yearly basis. However, during the current year, as in recent years, it has been difficult to realize this completely. Limiting factors have been: shift in interests; change in duties of club members; prolonged summer heat.

In the various subject matter fields, one spring local leader meeting was held in the field of clothing on the subject "Equipment for Tailoring". This was followed this Fall by a Tailoring School when club representatives actually made coats and suits. In the fields of nutrition and of Home Management one local leader meeting in each has been held with, of course, the specialist in each field in charge. In Home Furnishings, the Home Management and Furnishings specialist conducted one meeting late in November of last year. The follow-up was done entirely during the current year.

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During the year, the Agent has given back to clubs subject matter obtained at Extension and other meetings outside the County as follows: Annual Extension Conference meeting in Tucson, December, 1948; Extension Radio School, Tucson, February, 1949; Country Life Conference, Tucson, April, 1949; Arizona Home Economic Association Meeting, Phoenix, April, 1949; State Home Demonstration Conference, Broken Arrow Ranch, September, 1949; Annual Extension meeting in Tucson, November, 1949.

The work of the Agent entails, in addition to regular meetings, many home calls, tele phone calls, conferences, publicity measures, etc.

As in past years, an effort has been made to supply homemakers with the latest published material in the Home Demonstration field. This current year and last year this task has been simplified. A bulletin board has been installed in the Home Demonstration Agent's Office, now located in the Court House in the County Agent's headquarters. In addition to the use of this bulletin board, bulletins are distributed at meetings and are mailed upon request.

The County newspaper continues to be helpful in forwarding Home Demonstration work in the County. Special meetings have been announced and visits of the State workers to the County. The Agent has, on occasions, furnished articles as the need has developed.

Yuma County's Radio Station, KYUM, has continued to be very cooperative. Since early in the spring of 1946, a fifteen minute period once a week has been used by the County Extension Office. The Agent has taken her "turn" at this broadcast time and has presented timely Home Economics programs. A few times this has taken the form of a dialogue with some one else, but in the great majority of cases, the Agent has done it alone. In all, seventeen broadcasts have been given.

C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont'd) 1949

Table showing program as planned and achieved in
Yuma County, 1948-49

PROJECTS	NUTRITION	CLOTHING	HOME MANAGEMENT HOUSING	COMMUNITY ACTIVITIES
No. Communities Planned	15	17	13	12
	Bouse Crane Gadsden North Gila Parker Quartzsite Roll Rood Salome Somerton Wellton Wenden Yuma Yuma Mesa Sunnyside	Bouse Crane Gadsden North Gila Parker Quartzsite Roll Rood Salome Somerton Snyder's Ranch South Gila Sunnyside Wellton Wenden Yuma Yuma Mesa	Crane Gadsden North Gila Parker Roll Rood Salome Somerton South Gila Wellton Yuma Yuma Valley	Bouse Crane Gadsden North Gila Parker Roll Rood Salome Somerton Yuma Yuma Mesa Yuma Valley
No. Communities Achieved	14	16	13	12
Individuals enrolled	350	415	295	400
Value	(1) Better Nutrition standards (2) Imp. Cooking procedures (3) Better Use of Home Grown Products. (4) Preservation of food by freezing, etc.	(1) Better Clothing Standards (2) Good Buy-manship Practices (3) Use of Home Grown Product- Sewing Machine Attach. (4) Preservation of food by freezing, etc. (5) Short Cuts in Sewing (5) Tailoring Techniques	(1) Adequate Kitchen storage (2) Work simplification (3) House Planning for present & future	(1) Happier Rural Life (2) Civic responsibilities assumed

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D. PROGRAM OF WORK

(a) Factors Considered and Methods Used in Determining Program of Work.

As previously stated, the Agent has made an effort to keep the program of work as nearly uniform as possible. A great aid in this direction has been the County Home Maker Council and the State Country Life Conference. That is programs have been planned with club leaders, with state workers, and with other club women in the county. However, this practice has not interfered with the established plan of inquiring preferences from women in attendance at meetings as well as from constant study of local conditions.

During the war years and extending into the post-war period there have been certain modifications in program of work necessary because women have been anxious to do their part in war program, because the labor shortage has increased home duties and because of limited markets. For instance, lean markets in ready-to-wear clothing and present high prices have stepped up home sewing. Then the shortage of yardage and present decided change in styles have meant that women have continuously asked for advice with makeovers. As a result of such local needs, certain projects have been carried even though they have not been state projects.

The local leader movement began in Yuma County in the Fall of 1939. Because of limiting factors it, at first, functioned on a limited basis only. The past year and the present year have seen the biggest advance in the movement partly because women are interested in the 4-H Club movement and want to help in every way possible and partly because they are coming to the realization that the movement has real worth.

Handicaps in the local leader movement have had to do with travel distances, climate, etc.; and these handicaps, of course, continue. From the beginning the movement has been carried in cooperation with the State Home Demonstration Staff and after plans have been formulated at State Conferences. Because Yuma County has had Home Demonstration work since the work was first inaugurated into Arizona and because pre-establishment discussion of the local leader movement had not met with favor, the Agent, has from the beginning, made a special effort to make the surroundings as pleasing as possible for an added appeal. Until the fall of 1943, meetings were held at the Agent's home and social aspect was included. In 1943, because it was necessary to curtail travel as much as possible two centers were established and the work repeated in these centers. In 1946, the local leader movement resumed pre-war status. At that time, the Home Demonstration County Council held a luncheon meeting at the

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D. PROGRAM OF WORK

Agent's home, officers were elected and the following County goals were accepted:

1. Each club work for a certificate of achievement.
2. Make possible a yearly physical check up for every rural woman.
3. An adequate lunch for every school child.
4. To establish at least one result demonstration on housing in each community.

The club goals suggested to be submitted to the various clubs for approval were:

1. Improve club kitchens.
2. Establish calling week.
3. At least one annual family get-together.
4. Start building fund for a club house.

Requirements for a certificate of achievement had been set by the State Office as follows:

1. One meeting each month, minimum eight meetings a year.
2. Satisfactory secretary book.
3. Take part in a county or local achievement day; or a tour or exhibit.
4. Reports--Minimum two stories a year.
5. Majority of active members attend each meeting
(club decides who is active)
6. Carry at least one project with local leader giving the subject matter back.
7. A representative attending each county meeting--state, if possible.
8. Sponsor at least one community activity.

1947 saw the realization of part of the above goals. Three Home Demonstration Clubs completed requirements for a Certificate of Achievement. All centers publicized the possibility of physical examinations at the Cancer Detection Centers in Phoenix and in Tucson.

An excellent school lunch was established at Wellton for the first time and the movement was initiated by the Home Demonstration Club. A building was built in the school yard with the summer especially for the Cafeteria and equipped with large electric refrigerator, institutional gas stove, adequate counter, sink, table space, dishes, utensils, etc.

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D. PROGRAM OF WORK (cont'd)

At the present writing it is still being operated by the woman originally employed who is a Home Demonstration Club member.

School lunches are at present writing being operated in all schools where Home Demonstration families attend and in all cases they are permanent institutions rather than make shift affairs.

Building funds for club houses are, at present, being worked on by the following clubs: North Gila; Gadsden; Rood (recently reorganized as the Upper Valley Home Maker's Club).

The North Gila Club has raised funds and purchased chairs for the school building which is serving them as a club house, they have purchased a Butane Cooking Range, and a large crude oil heater, have installed cupboards toward a club kitchen, have supplied dishes and table forks and spoons, have made temporary curtains and have installed electricity for lights and for a cooler.

This last named has been made possible through a long time program. For as long as the Home Demonstration Agent has been in the County, the North Gila Club, with the help of the Agent, has been trying to secure electricity for their valley. Last year they were at last successful. Electricity was turned on for the first time in June, 1948. It has already shown effects in the growth of the valley. Most homes are now equipped with good cooling systems and lights. Now all communities in Yuma County are supplied with electricity.

The Gadsden Club for some twenty five years has had its own Club House. It is a one room frame structure with a small kitchen and entry way. For years it has served as the community center for club meetings, for voting, for Farm Bureau meetings, for youth organization meetings, for Sunday School, etc. Three years ago, a youth center building, was erected across the road from the school house and has absorbed some of the functions of the Women's Club House. Since the building was originally an inexpensive one, twenty five years of service has weathered it considerably, and the club has decided to sell it and to work toward building again. They now have considerable funds toward that end.

The Rood School building has not been used for school purposes for three years, children being sent to Crane School instead. The Home Demonstration Club has during this period, made

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D. PROGRAM OF WORK (cont'd)

efforts to have the school established as a Community Center building. This would entail, among other things, installing rest rooms and a kitchen. With the help of the State Extension staff, blue prints were drawn up for such installations. Developments have been slow because until this Fall the district had not made final decision about re-opening the school. The matter has finally been settled and the Board of Education has promised to make funds available for the installations as planned. However, much must be done in the matter of planning for upkeep, etc. The Executive Committee of the Club plans to meet with representatives from the Farm Bureau to see what can be done.

(b) Influence of State and National Agricultural Agencies.

These Agencies may be listed as: Agricultural Extension Service; Farm Labor Office; Farm Bureau. Except for 4-H Club work, Home Demonstration work in Yuma County is quite distinct from other Agencies. However correlation does occur coming naturally rather than from a planned program.

Until last year, the independence came from the fact that the office of the Home Demonstration Agent was in her own home. This came about originally because of the crowded condition in the County Court House. There was no suitable place for the Home Demonstration Agent's Office. Early in the spring of 1947, the Agricultural Adjustment Administration Office was moved out of the County Agricultural Agent's headquarters. Thus office space became available. Considerable remodeling was done putting in partitions, etc., so that each of the three Agents could have a room of their own with a general room and a general reception room as well. While the room for the Home Demonstration Agent is small, it is quite conveniently set up with desk, filing cabinets, bulletin racks and bulletin board. Telephone calls continue to come mostly to the Agent's home. This is to be understood since for twelve years women called the Agent before or after hours in order, as they say "to catch her in".

Farm Bureau meetings in Yuma County were largely discontinued during the war and were not revived to any extent until last year.

Except for two meetings (Yuma Mesa Veteran's Farm Bureau; Crane Farm Bureau) when the Agent was on the program, she has not been privileged to attend Farm Bureau meetings.

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D. PROGRAM OF WORK (cont'd)

during the current year. The reasons have been a very full program and mileage expense. The Farm Bureau, past and present, has been very cooperative with Home Demonstration work.

(c) Project Activities and Results

1. Organization

Sub-Project A-Farm Organization

The town of Yuma is the center of interest for all the southern part of the county. Rural people without exception come to Yuma for shopping and a large percentage of them have business interests in Yuma. The town is increasing rapidly in population and this increase is largely due to agricultural developments. The civic interests of the town all have part membership from the surrounding rural communities. For this reason it has always been hard to draw a line between urban and rural activities.

It may be of interest to here state that the suburban section just south of Yuma and referred to as Yuma Mesa was, in 1945, incorporated into the city proper. This is a residential section where the Agent goes, from time to time for meetings. More than ten miles beyond is another section which is still known as the Yuma Mesa and whose principal industry is the growing of citrus.

This Fall, as before stated, a black topped desert road between Yuma and Quartzsite has been opened which makes transportation much less difficult.

At present the desert road between Yuma and Quartzsite makes transportation much easier and the people in the northern part of the county more accessible than at any time in the past.

In Yuma County needs of the different communities are varied and so the Agent can in no way limit her services to being a specialist in one line of work.

There is a high percentage of very well educated women in the clubs with which she works so she must ever be alert that the material she gives is up-to-date and sound. This also operates to make the data given, adopted for use. The Agent finds that practices are quickly worked out by the groups in question to incorporate needs in a practical way. As a whole, the county is very reticent to do anything

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D. PROGRAM OF WORK (cont'd)

from a campaign angle, but people are serious minded and energetic in making the most of any opportunities for advancement which can be made practical. It is with this in mind that the Agent endeavors to make her program service really function.

Sub-Project B--Home Economics Extension

As previously explained, the County Home Demonstration Program, as much as is feasible, operates from the State Home Demonstration Office which in turn operates from the Agricultural Extension Service Office at the University of Arizona. Yuma County is allowed its share of the services of the State Clothing Specialist, the State Home Management Specialist and Extension Nutritionist.

In addition the County is visited by the State Leader of Home Demonstration work and by the State and Assistant State 4-H Club leaders in the interest of the Agent's program. This current year, Miss Maryetta Shoup, Home Demonstration Agent at Large, was in the County from March 1st to 12th helping with preparations for our Junior Agricultural Fair.

As previously told under C (b) work with adults in Yuma County is carried out in part by regularly organized clubs called "Home Demonstration Clubs". For the past four years the number of such meetings attended, in person, by the Home Demonstration Agent has been curtailed by the increased demand made upon her time by the 4-H Club program. There have been, however, Home Demonstration Club meetings directed in subject matter by the Agent and the Leader meetings, but actually conducted by local leaders.

December;

1. Gadsden Home Demonstration Club
2. Salome Home Demonstration Club
21. North Gila Home Demonstration Club

January;

6. Wellton Home Demonstration Club
11. North Gila Home Demonstration Club
12. Gadsden Home Demonstration Club

February;

3. Wellton Home Demonstration Club
5. Rood Home Demonstration Club

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D. PROGRAM OF WORK (cont'd)

March;

- 8. North Gila Home Demonstration Club
- 21. Sunnyside Home Demonstration Club
- 22. Rood Home Demonstration Club
- 23. Wellton Home Demonstration Club

April;

- 12. North Gila Home Demonstration Club
- 13. Gadsden Home Demonstration Club
- 22. Somerton vicinity--Home Demonstration Club
- 27. Wellton Home Demonstration Club

May;

- 17. North Gila Home Demonstration Club
- 18. Gadsden Home Demonstration Club
- 20. Sunnyside Home Demonstration Club
- 25. Wellton Home Demonstration Club

June;

- 14. North Gila Home Demonstration Club
- 15. Gadsden Home Demonstration Club

July;

- 26. Rood Home Demonstration Club
- 27. Gadsden Home Demonstration Club

Aug.

- 16. North Gila Home Demonstration Club
- 18. Gadsden Home Demonstration Club
- 26. Roll Home Demonstration Club

Sept.

- 13. North Gila Home Demonstration Club
- 28. Wellton Home Demonstration Club
- 29. Roll Home Demonstration Club

Oct.

- 6. Somerton vicinity Home Demonstration Club
- 12. Gadsden Home Demonstration Club
- 27. North Gila Home Demonstration Club
- 31. Rood Home Demonstration Club

Nov.

- 3. Somerton Vicinity Home Demonstration Club
- 8. North Gila Home Demonstration Club
- 10. Rood Home Demonstration Club
- 21. Sunnyside Home Demonstration Club
- 23. Roll Home Demonstration Club
- 25. Gadsden Home Demonstration Club

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D. PROGRAM OF WORK (cont'd)

Sub-Project C--Home Maker Councils

A County wide home maker council whose function is to determine program content for Home Demonstration work in the County, is becoming more and more a reality. By way of recording progress made to the present time, the following is told: During the war period, it was impossible to hold County wide home maker councils because of the restrictions in travel which war brought. The Agent found it necessary to go from group to group in order to formulate plans. These groups decisions were pooled for a county decision. Then it was she met individually with program committees and planned with them for the year for this particular club. The Victory Year Book, supplied by the State Office, was used for posting these programs, and was distributed to members.

In the Fall of 1946, the County Office published its own Home Maker's Year Book. In it were found: County goals; club enrollment; officers; suggested program subjects; Homemakers creed; a calendar of monthly meetings. Also scattered through the book were timely quotations and there was space for note taking. The form for this year book came from the state office. The details were worked out by the County Council.

In the Fall of 1947, there still were on hand a sufficient number of these Homemakers Year Books to supply club members so it was decided to use the books for the second year. The supply was thus completely exhausted.

In the Fall of 1948, it was impossible to make new Year Books because of the shortage of stenographic help. This current year, year books are being delayed but should be ready by the first of January.

However, last year and this year, have seen a real advance in Home Demonstration planning through the Homemaker Council.

In October of 1948 a Council Meeting was held in the Business and Professional Women's Club House in Yuma. Unlike previous such meetings, it was thrown open to any Home Demonstration Club member who might wish to attend. Notices were sent out the middle of September enclosing a card for reply. The card asked their preference for a noon lunch; paper sack lunch, potluck; luncheon served at cost. The last named was the unanimous choice. The program was as follows:

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D. PROGRAM OF WORK (cont'd)

11:00 A. M. Panel discussion of Country Life
 Conference by the fifteen Yuma
 County delegates who attended
12:15 P.M. Buffet Lunch
1:15 P.M. Program

The Field of a Home Demonstration Agent—Mariel Hopkins
The Expanding House——Grace Ryan, Home Mgmt Specialist
What's New in Clothing——Helen Church
How an Entomologist can help a Homemaker——Dr. Roney
Technicolor Film——What's New in Freezing Foods
Election of Officers——Mrs. Janet McElhaney, Presiding
Program Planning——Miss Jean Stewart in charge

Selected for Club study was the following:

Foods and Nutrition

Use of Plentiful Foods
Preservation of Foods by Freezing
New Methods of Freezing Citrus Foods
Nutrition

Clothing

Making Over Clothes
Tailoring Techniques
Selection of Foundation Garments
Making and Buying Children's Clothing
Home Dry Cleaning
Laundering Wool Sweaters
Basic Patterns

Home Furnishings

Color
Problem Windows
Draperies
Types of Furniture
Furniture Rejuvenation
Furniture Finishing and Repairing

In October of 1949, a Council meeting was held at Clymers Tea Room in Yuma. All communities in the southern part of the county were represented by one or more delegates. The program was as follows:

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10:00 to 10:30 A.M.	Registration
10:30 to 10:40 A.M.	Highlights of the Yuma County Agricultural Program--Al Face, County Agric. Agent
10:40 to 10:50 A.M.	Highlights of the Yuma County Home Demonstration Program--Mariel Hopkins, Home Demonstration Agent
10:50 to 11:00 A.M.	Highlights of the Yuma County 4-H Program--Bob McCreight, Ass't County Agric. Agent
11:00 to 11:50 A.M.	Planning the Nutrition Program--Reva Lincoln, Extension Nutritionist
11:50 to 12:00 Noon	State Fair Entries--Mrs. Clyde Gaines, County Chairman, Home Economics Exhibits, Arizona State Fair
12:00 to 1:00 P.M.	Buffet Luncheon and Social Hour
1:00 P.M.	Planning the Home Demonstration Program--Jean Stewart, State Leader, Home Demonstration Work

Division Chairmen:

Clothing	Mrs. Cloa Cannon
Nutrition	Mrs. Lucille McElhaney
Home Management and Interior Decoration	Mrs. Betty Frauenfelder
Recreation & Community Activities	Mrs. Adele Wright

After group discussions, the following recommendations were reported back as follows:

Clothing

1. Continuation of Tailoring School
2. Wardrobe Planning
 - Individual Styling
 - Individual Color Schemes
3. Pattern Alterations and Correct Measurements
4. Introductions of new Fabrics

Nutrition

1. Meals that can wait
2. Salads using local grown foods
3. Freezing foods

Home Management and Interior Decoration

1. Refinishing furniture
2. Lighting--Making of lampshades

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Recreation and Community Activities

1. Library consideration
2. Health Consideration
 - Sewage
 - Brucellosis
 - Fluorine
 - Cancer research
3. Recreation
 - Square dancing
 - Roller skating
 - Baseball, basket ball, volley ball
 - Leadership school in recreation

On October 17, the Sifting Committee made up of the Division Chairmen and the Agent held a luncheon meeting at the Agent's home. The following calendar was adopted for the year 1950.

January--Lamps and Lamp shade School--Miss Grace Ryan,
Home Management Specialist in charge
February--Meals that can Wait--Leader meeting--Miss Reva
Lincoln, Extension Nutritionist in Charge
March--Salads using Local Grown Foods--Leader meeting--
Miss Reva Lincoln, Extension Nutritionist in Charge
April--(After the Junior Agricultural Fair) Special Wood
Finishes, Miss Grace Ryan, Home Management Specialist
in charge
May--Pattern Alternation--Leader meeting--Miss Helen Church,
Clothing Specialist in charge
June--Yuma Country Life Conference--Mohawk Valley School--
Miss Jean Stewart, State Leader, Home Demonstration
Work in charge
Afternoon: Movies on Freezing Foods
Family pot luck supper--contests for attendance, etc.
sponsored by Wellton-Mohawk Kiwanis
Evening: Dr. Roney, Extension Entomologist in charge.
Movie on Brucellosis and on cancer control.
October--County Home Demonstration Council meeting--New Fabrics
by Miss Helen Church, Clothing Specialist
Family Credit by Miss Grace Ryan, Home Management
Specialist
November--Wardrobe Planning--Leader Meeting--Miss Helen Church,
Clothing Specialist in Charge.

After consultation with the State Office, the following dates, for the year 1950 have been set for work in Yuma County. Certain modifications have been necessary, as might be expected to conform with the state program. The use of specialist with 4-H club work has also been included.

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January 23 to 28

4-H Clothing Leader Workshops
Tailoring School Achievement meeting

February 13 to 18

Nutrition Leader Meeting "Meals that can Wait"
4-H Leader Meal Planning Work Shops

March 16-17

Nutrition Leader Meeting "Salads using Local
Grown Foods"

April 25-26

Home Furnishing Leader Meeting "Special Wood
Finishes"

May 5-6

Clothing Leader Meeting "Pattern Alteration"

May 8-9

County Homemaker Council Meeting—"Plans for
Achievement meeting in June"

June 16-17

Clothing Leader Meeting—"Pattern Alteration"

June 19-20

County Home Makers Achievement "Yuma County Country
Life Conference"

September 25-27

Home Furnishing Leader Meeting "Lighting"

October 4

County Homemaker Council Meeting "Program Planning"

October 12-18 and 24-25

Home Furnishing Work Shop "Lamp Shades"

November 16-17

Clothing Leader Meeting "Wardrobe Planning"

Organization - Sub Project D - 4-H Clubs

A request has come from the State Office that a separate report should be submitted for 4-H Club Work. It is deemed advisable to also include the report in the Home Demonstration Agents Narrative for the following reasons:

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(1) More than half of the time of the Agent was devoted to 4-H club work.

(2) Printed Form ES-21 (Revised April, 1949) by the Extension Service, Washington, D. C., states "The Annual Report—is a record of the year's work—is the inventory of the past years' efforts".

From December, 1948 to December, 1949, Home Economics 4-H Clubs in Yuma County have been in operation and have shown completions. Data is submitted for clubs whose year's work closed in October. Clubs organized since then will be submitted in next year's report.

4-H CLUBS Showing Completions During 1949

<u>Clothing</u>	<u>Enrollments</u>	<u>Completions</u>
Bouse	6	6
Crane		
MerryMakers	18	14
Clover Leaf	20	10
Jolly Commuters	18	16
Gadsden		
Stitch and Cackle	6	2
GoGetters	21	21
North Gila	7	6
Parker		
Stitch & Stir	6	4
Sand Sifters	4	2
Quartzsite	6	4
Roll		
Busy Bees	13	13
Wellton-Mohawk	3	2
Salome	4	4
Somerton		
Beauties	28	24
Talkie Talkers	27	22
Singing Sewers	20	18
Wellton	16	16
Wenden	5	3
Yuma Mesa	8	8

MEAL PLANNING AND FOOD PREPARATION

Bouse	6	4
Crane		
Meal Planners	9	7
Merry Makers	9	12
Jolly Commuters	10	5

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Gadsden		
Stitch and Cackle	5	3
Go Getters	14	12
Parker		
Stitch and Stir	10	9
Sand sifters	6	4
Quartzsite	4	4
Roll		
Busy Bees	13	13
Wellton Mohawk	3	2
Rood		
Merry Meal Planners	10	6
Salome	4	4
Somerton		
Beauties	28	24
Talkie Talkers	27	22
Singing Meal		
Planners	20	18
Wellton	16	16

CANNING

Crane	7	5
Gadsden	10	10
Roll	2	1
Wellton	5	5

FREEZING

Crane	7	5
Gadsden	6	6
Roll	1	1

HOME FURNISHINGS

Crane	3	3
Gadsden	2	2
Parker	2	2

HOME MANAGEMENT

Crane	2	2
North Gila	3	3
Parker	2	2

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GIRLS JUNIOR LEADER

Bouse	2	2
Crane	2	2
Gadsden	2	2
Roll	1	1
Somerton	2	2
	<u>493</u>	<u>409</u>

Percent of completions 83

The above figures are for enrollees in the various Home Economics projects. Obviously a good many members were enrolled in more than one project. The number of Yuma County 4-H members carrying one or more Home Economics Projects during the year, 1949 and showing one or more completions is 237.

During the current year the Home Demonstration Agent has spent fifty five percent of her time with 4-H Club Work. This is a decrease of eleven per cent as compared with the previous year. However, the last four years have required more than half the Agent's time while prior to the adult program took first rank.

For the past four years Yuma County has had an Assistant County Agricultural Agent who has been organization Leader in 4-H work for the County. New features have consequently been introduced into the program, such as: A Junior Agricultural Fair; Recognition Banquet; night meetings for the older youth; County Council meetings. All of these events have made an increased demand on the Agent's time.

In addition, the Agent has been called on many times to "pinch-hit" for leaders. Leader movement is each year showing an improvement with this current year the best.

State workers who have visited the county for one or more days during the current year, in the interest of 4-H Home Economics club work are as follows:

JANUARY

Miss Reva Lincoln Extension Nutritionist

FEBRUARY

Miss Helen Church State Clothing Specialist

MARCH

Miss Maryetta Shoup Home Demonstration Agent at Large.

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APRIL

Miss Jean Stewart	State Leader, 4-H Club Work
Mrs. Ellen Kightlinger	Ass't State 4-H Club Leader
Miss Helen Church	State Clothing Specialist
Miss Reva Lincoln	Extension Nutritionist

SEPTEMBER

Mr. Kenneth McKee	State 4-H Club Leader
Mrs. Ellen Kightlinger	Ass't State 4-H Club Leader

OCTOBER

Mr. Kenneth McKee	State 4-H Club Leader
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The events incident to the above visits were as follows:
4-H Demonstration on Packaging Foods for Freezing; 4-H
Member Judging in Clothing; Assistance in preparation
for the Junior Agricultural Fair; Judging at the Fair;
Planning the County 4-H Program; Recognition Event.

The first Fair took place on April 6th, 1946 and was cooper-
ated in by the Agricultural Extension Service and the vo-
cational classes at the High School. The event was sponsored
by the Yuma County Senior Chamber of Commerce. Since it was
the first such Fair attempted in the County more than the
usual amount of organization work had to be done in prepar-
ation. An effort was made to simplify the activities so
that better grading could be accomplished. Finally the
girl's 4-H work was divided into two main divisions, (1)
Exhibits mainly clothing; (2) Demonstrations. Of the ap-
proximate 200 girls, 130 brought exhibits varying in number
from one to five. Those were carefully entered according
to catalog classification and judged for white, red or blue
award. The exhibit was culminated in the afternoon by a
dress revue at which time three county dress revue represent-
atives were named.

The meal planning entries included posters on the general
theme, "Food for Health", and one "House of Health" exhibit
built from cereals and fruits.

Demonstrations were thrown into two divisions, (1) Senior
(2) Junior. Subjects for demonstrations included: Shrinking
Washable Material; Table Setting the 4-H Way; Shining Shoes
the 4-H Way; Sewing on Fasteners; Making a simple salad; Glue
Method of Cleaning Washable Woolens; a Quick Patch for Work
Clothes; Accurate Measurements for a Dress. The winning
senior team demonstrated "A Quick Patch for Work Clothes" and
the winning Junior Team demonstrated "Table Setting the 4-H Way".

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In 1947, the Fair took place on April 11th and 12th. So that more people might visit the Fair, it was thrown open to the public Friday evening as well as all day Saturday.

The 4-H Home Economics division was divided into three general divisions. (1) Exhibits (2) Demonstrations (3) Judging contests. By far the greater portion of exhibits was clothing work. This was partly, at least, because baked goods exhibits were barred from the premium list because of the shortage of fats and sugar. There was, however, a food for health exhibit contest and four communities entered exhibits. Only a small amount of canning was exhibited which was to be expected since Yuma County has not found it practical to can and the canning done by 4-H girls is not stored any great length of time.

More than eighty per cent of the 4-H Clothing Club girls exhibited from one to five articles including approximately one hundred dresses. These dresses were modeled by their owners in a dress revue and senior winners in the four classes were named by the judges.

There were a total of twenty-four demonstrations given in the Junior and Senior divisions on the following subjects: Bread Making; Forming of Yeast Rolls; Outdoor Cooking; Making a Simple Salad; Washing Sweaters, Glue Method; Shining Shoes the 4-H Way; Making a French Braid; Curing Skins for Fur; Sewing on Fasteners; Putting on Fasteners without Sewing; New Method of Putting in Slide Fasteners; Making Worked Button Holes; Sewing in Dress Sleeves; Making Point Trimming; Stenciling; Cutting True Bias; Making Lemon Pies; Making a sock Doll; Table Setting.

Judging contests included the judging of dresses, aprons and baking powder biscuits. In each case there were four rings to judge and contestants were asked to give reasons for their placements.

The Rood Home Demonstration Club acted as hostess club for the Fair, decorating, putting up exhibits, etc.

Last year and this year, the Junior Agricultural Fair was held for two entire days. In 1948, clothing exhibits at the Fair surpassed previous years in both quality and quantity. All four years the point system has been used to compute rewards and in 1948 because of the size of all exhibits (clothing and

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foods) the value of points for awards had to be reduced from forty cents in previous years to twenty-five cents this year.

A new venture was undertaken this year in that all 4-H Leaders were invited to the Agent's home the evening of March 25th for the purpose of making final plans for the Fair. The Agent served a buffet supper and fifteen Leaders were present. This proved a very fine method for activating committees, etc. Duties of Superintendents were explained and all details including the putting up of decorations planned.

The dress revue, for the first time, was in 1948 held in the evening and was supplemented by a program from various clubs. The dress revue proper was divided into the Junior and the Senior Divisions.

Because of the availability of such food supplies as sugar and fat, in 1948, there were entries in foods. Baked goods from the three years of meal planning project requirements were selected for the premium list as follows: Baking Powder Biscuit; Muffins; Gingerbread; Butter Cake; Sponge Cakes; Yeast Rolls. Entries were good both in amount and quality for the first year's showing.

In 1948, the poster exhibit at the Fair took a different form in that it was put on an individual rather than a club basis.

Gym bleachers were used, the steps covered with paper and used for shelves for food entries. These were placed on paper plates and covered with long strips of cellophane. The posters were thumb tacked to the side of the steps and green rosettes were used as a trim.

1948 also saw the introduction of a frozen foods premium list. A freezer unit was loaned by a local firm for display purposes and a good start made toward including such a division in future Fairs.

This year of 1949, the Junior Agricultural Fair took place the eighth and ninth of April and, as in previous years, was held at Crane School. The 4-H Home Economics division was divided into four parts: Exhibits; Dress Revue; Demonstrations; Judging.

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Two hundred and thirty eight girls exhibited from one to five articles making a total exhibit of well over a thousand articles. The quality of all divisions showed an improvement over previous years. In the clothing exhibit, blue ribbon dresses were exhibited on special standards for the first time. There were also raised platforms for exhibiting small articles. In the frozen foods exhibit, two up right home freezers were loaned by local firms. In the foods exhibit, two bleacher sections were covered with white paper, decorated with 4-H rosettes and used to display the entries. Foods poster entries showed an increase in both number and quality.

The Dress Revue took place the evening of the eighth at eight o'clock. The stage was attractively decorated with large floral arrangements. In the revue, the theme was the 4-H Record Book. Four girls, recent Chicago trip winners, dressed in pastel formals, were mistresses of ceremonies. Mona Berry was narrator and used her own record book to talk from. A large record book formed a door through which the dress revue girls stepped. Opening and closing the door were Betty Jo Frauenfelder and Mary Lott. Joan Cannon Brown assisted Mona Berry as narrator. Winners in the dress revue contest were as follows: Nedra Tudor, Wool suit Division, Jill Cannon, School dress division; Dixie Anderson, Best dress division; Julia Sleeth, Junior Division. In addition to the Dress Revue, there was a Spanish Dance in costume by the Gadsden 4-H girls and a playlet by the Wellton-Mohawk 4-H Club. There were several hundred people in the audience and the program was well received.

There were thirty-three Home Economics demonstrations including Clothing, Food Preparation, Food Preservation, Dairy Foods, Home Management and Home Furnishings. Subjects included were as follows: How to Use the Sewing Machine; Designs for Three Types of Teen Ageds; Putting on a Collar; Making an Apron; Grooming; How to Make Stuffed Toys; Equipping a Sewing Box; a 4-H Clothes Closet; Making a Bound Button Hole; Setting the Table, Making Cocoa; Star Salad; Measuring Flour, Making Muffins; Spring Salad; Vegetables for Health; Making Beef Patties; Making Cookies; Forming Cookie dough, Making Biscuits; Making a Cake; Packing a School Lunch; Eggs for Breakfast;

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Preparing Poultry for Freezing; Freezing Grapefruit;
Making Cream Soups; Home Pasteurization of Milk;
Making a bed; Storage in the Home; Furnishing a Room.
From these seven demonstrations were awarded trips
to the Round-Up in Tucson.

A judging contest was held for Clothing and for Food
Preparation. From the contestants three girls were
selected for clothing and three for foods to represent
Yuma County at the Roundup.

Previous to 1946, 4-H club achievements have been held
in May. In 1946 the plan was changed for the southern
part of the county; being replaced by the Fair in April
for exhibit purposes and by a Recognition Banquet in
October for making awards, etc. In 1946, the clubs in
the northern part of the County had originally planned
to take part in the Fair. A Parker school bus was
arranged for, to bring the delegates over the desert,
a distance of one hundred and forty miles. Unfortunately
the bus broke down completely in transit and consequently
the delegation did not arrive. As a result,
it was deemed advisable to hold achievements for these
clubs as in previous years. Achievement exhibits and
programs were held at Bouse, Parker, and Salome. Pins
and programs were held at Bouse, Parker, and Salome.
Pins and programs were held at these places where certificates
were presented for completions at that time.

Since then, even though a goodly number of 4-H members
and Leaders have each year attended the Fair from the
northern part of the county, it has been deemed best
to maintain the custom of spring achievements for this
part of the County. This year was no exception and separate
achievements were held for Bouse, Parker, Quartzsite and
Salome.

This current year, as for the previous three years, the
Recognition Banquet was held at Crane School with the
food prepared by the Crane School Cafeteria staff. It
was attended by approximately three hundred 4-H boys and
girls, leaders, parents and guests. Because of a conflicting
high school football game, it was necessary to
begin the banquet at 6:00 and to close at 8:00. For
the first time, programs carried the names of all boys and

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girls receiving certificates and pins. County and State winners were given special recognition and all leaders were recognized. Mr. Howard Baker, Assistant Director of Extension was guest speaker. The decorations were particularly effective using 4-H balloons as well as other green and white accents. The initiation ceremony for the new officers of the 4-H council came first on the program. All voted it a successful affair from start to finish.

There were four state winners from Yuma County's 4-H Home Economics Clubs as follows: Dairy Foods Team Demonstration; Dairy Foods Individual Demonstration; All Round 4-H Club Girl (Santa Fe award).

The Dairy Foods team demonstration subject was "The Making of Cream Soups" and the theme was that raw milk must be made safe by either boiling or pasteurization. The girls made white sauce from raw milk and boiled it for two minutes in a heavy walled saucepan. They made from it tomato soup, carrot soup and spinach soup. Whipped evaporated milk was used as a soup garnish. The girls were nicely costumed, had an attractive hand made poster to illustrate their demonstration and worked in an organized way.

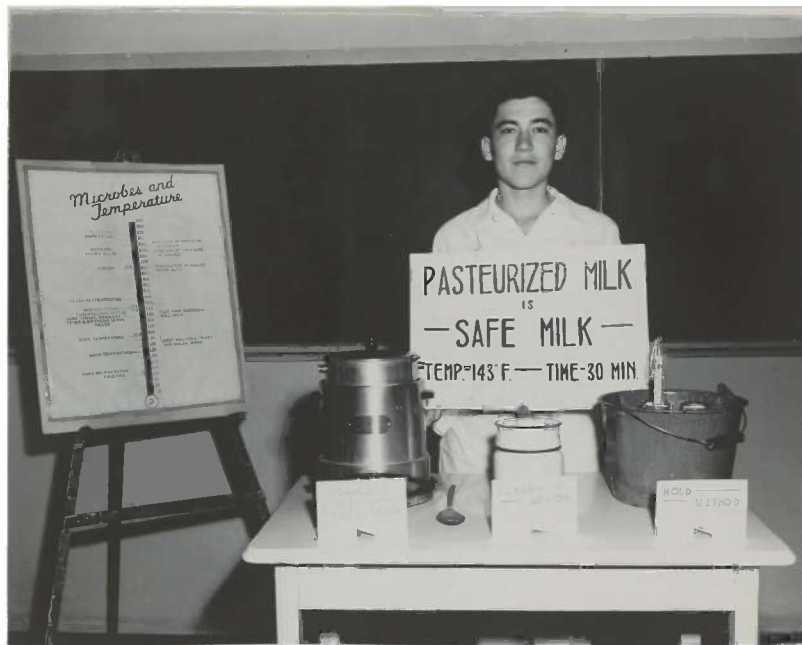


4-H DAIRY FOODS DEMONSTRATION TEAM
Caroline Lott and Ruby Brumley

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The subject of the Dairy Foods individual demonstration was "Home Pasteurization of Milk". Eugene Ochoa, the demonstrator, was the only boy taking part in the Home Economics contests. He stressed the importance of safe milk and showed the three methods as follows: Flash, hold; commercial home pasteurizer.



DAIRY FOODS DEMONSTRATION INDIVIDUAL
(Eugene Ochoa)

The Yuma County 4-H girl winning the State Santa Fe award for all-round girl was Dixie Anderson, a member of the Jolly Commuters Club in Yuma Valley. Dixie has proven herself thoroughly cooperative and loyal. At the State Round Up, she won blue ribbons in three contests as follows: Senior Dress Revue; Breakfast Contest; Senior Foods Judging. Dixie Anderson receives a free trip to the 1949 Club Congress in Chicago

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"All-Round" Girl—State Winner
Dixie Anderson

The 4-H State Round Up began this year on June 11th. The Agent drove her own car to Tucson taking care of demonstration equipment and of the overflow of 4-H club members from the school bus.

There were thirty six in the Yuma County delegation made up of: (1) 15 girls (2) 19 boys (3) 1 leader (4) 2 agents. We left Yuma early Monday morning, June 6th, Dixie Anderson; Frances Barrientos; Ruby Brumley; Jill Cannon; Jo Jo Craddock; Myrna Ellis; Barbara Larson; Dorothy Lee; Caroline Lott; Eugene Ochoa; Lynn Baker; Delia Torres; Nedra Tudor; Billy Jean Whitman. In addition Billie Simons was in the delegation at the request of the State Office. She was in the program to tell about the trip she made to the National 4-H Camp in Washington, D. C. The contest line up was as follows:

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Demonstrations

Junior Clothing	Dorothy Lee, Myrna Ellis, Jo Craddock
Junior Food Preparation	Frances Barrientos, Delia Torres
Senior Food Preservation	Jill Cannon, Nedra Tudor
Senior Dairy Foods Team	Caroline Lott, Ruby Brumley
Senior Dairy Foods—Ind.	Eugene Ochoa

Showmanship

Breakfast Contest Myrna Ellis, Dixie Anderson

Dress Revue

Nedra Tudor, Dixie Anderson, Billie Jean Whitman, Jill Cannon

Judging

Sr. Food Preparation	Caroline Lott, Dixie Anderson, Barbara Larson
Sr. Clothing	Jill Cannon, Nedra Tudor
Jr. Clothing	Dorothy Lee, Barbara Larson, Myrna Ellis

In addition to the above Lynn Baker, as County Health representative, won a trip. She acted as Yuma County's News Reporter and Radio speaker.

The Junior Food Preparation demonstration was titled "Spring Salad" and placed first in its class. The girls prepared a salad using tomato, cucumber, carrots, radishes, lettuce. The demonstration was very colorful. Their hand made poster included a cart loaded with vegetables and drawn by a donkey. This was watercolor tinted by Myrna Ellis, a club girl who acted as leader for the girls.

The Senior Food Preparation demonstration had to cancel out at the last moment because of serious illness of one of the girl's mothers. This was the demonstration receiving the highest score at the Junior Agricultural Fair. It was titled "School Lunch".

The Senior Food Preservation team won red ribbons. They prepared a chicken for the freezer locker.

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Senior Food Preservation Team
Jill Cannon and Nedra Tudor

Our Senior Home Management Demonstration team was disqualified before Round Up time because of lack of competition. It later appeared that there was a team from Casa Grande who had been similarly disqualified. The difficulty came about through dividing Home Management into subdivisions. It would seem that since the division is new to our 4-H contests, it would be wiser to not have subdivisions for the next few years. As it was this year four girls had earned the right to demonstrate and were much disappointed at not being permitted to do so.

In the Breakfast Contest, the team planned, shopped for, and prepared and served breakfast for themselves and two guests. They were scored through the entire process until the laboratory was put in good order. Yuma County girls were in the blue ribbon group.

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In the Senior Dress Revue, Nedra Tudor was a blue ribbon winner in a Wisteria colored wool suit with navy blue accessories. Dixie Anderson was a blue ribbon winner in a cotton print dress with black accessories. Billie Jean Whitman was a red ribbon winner in an organdy party costume with white accessories. Jill Cannon was a white ribbon winner in a blue chambray school costume.



Nedra Tudor wearing her Dress Revue Costume

In judging, the Junior Clothing team placed in the blue ribbon group. Dorothy Lee, one of the members placed second high of all contestants. Her score was 487 and the top winner was 487.5.

In Senior Clothing Judging, the team lost one of its members at the last minute because of sickness. This meant that the two remaining girls scores were computed

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with three girls from other counties and they were thus thrown in the white ribbon group. However, Jill Cannon of the Yuma County team placed first of all contestants. Her score was 558.3 and the second high was 520.3.

The Senior Food Preparation team placed in the blue ribbon group.

For the past four years the Home Demonstration Agent has cooperated with the Assistant County Agricultural Agent in carrying through a 4-H Health Contest. In March a health check sheet was distributed to all Yuma County 4-H'ers. The check sheet made deductions for defects so that a score of zero meant a perfect score. From among the low scoring members in each club, health representatives, were, prior to the Junior Agricultural Fair, given physical examinations by the physician of the County Health Department and his staff. As a result of these examinations a health winner for the boys and one for the girls was selected. In the case of the girls, two had identical scores so that it was necessary to have them re-examined by a second Yuma physician to determine who was really the winner.

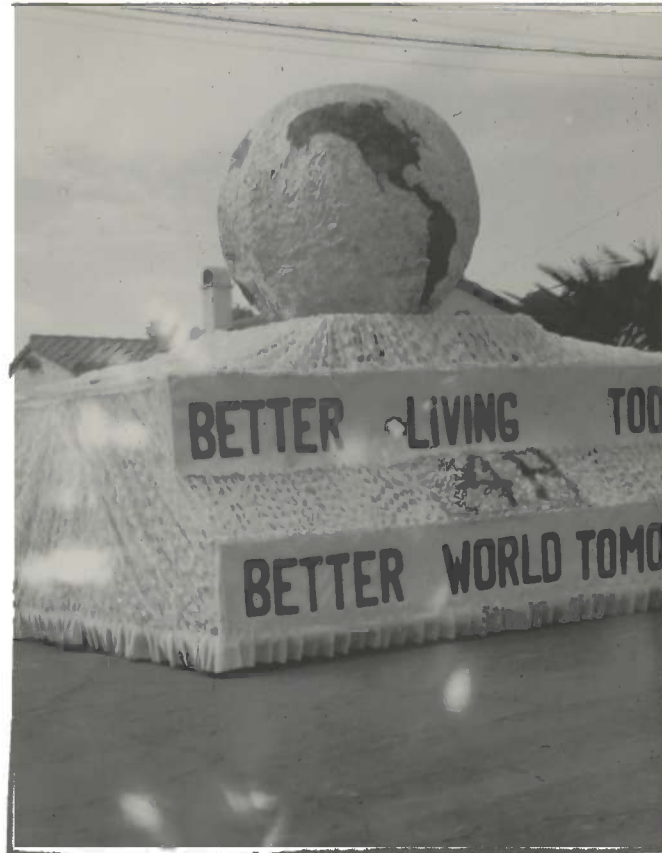
Lynn Baker of Somerton vicinity was declared the health representative. She was awarded a free trip to the State 4-H Round Up and submitted her 4-H record in competition for the Health Improvement award.

Among special activities and events mention should be made of the 4-H Float prepared for the Silver Spur Rodeo Parade in February. Since this is a celebration participated in by the majority of Yuma County organizations, it was deemed important to include 4-H club work. The float was prepared by leaders and the Extension Staff working cooperatively. It was mounted over a Jeep, the frame was covered with narrow fluted strips of white crepe paper. Mounted on the frame was a revolving globe about 5½ feet in diameter. This globe was made from rake wheels welded to the hub of a tractor wheel. These were covered with burlap, then paper mache and the world map was painted white and it all was covered with green and white "glitters". In the sides of the float, "4-H" was bedded with cut paper and the words "Better Living Today--Better World Tomorrow" imposed. The float attracted much attention and was awarded honorable mention.

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The Meal Planning Poster Exhibit at the Junior Agricultural Fair deserves special mention. There were approximately one hundred posters with all Meal Planning Clubs represented. The posters showed an increase in planning and better execution over previous years. In preparation for these posters, the Home Demonstration Agent obtained food cut out charts from the National Dairy Council and these were used to encourage the making of posters.



SILVER SPUR RODEO FLOAT

Each of the High School age 4-H clubs had special meetings for the community during the year. One, in particular may be mentioned as follows:

For several months prior to their meeting in May, the Jolly Commuters Club of Crane and Rood communities had planned a special meeting for people of the community on "Health". Two films were secured from Visual Aids Bureau at the University, both dealing with cancer prevention and controll. Combining with

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this, the blue ribbon girls from the Junior Agricultural Fair put on a dress revue. One of the winning boys teams gave their demonstration. Refreshments of fruit punch and home-made cookies were served. The affair took place in the Crane School Cafeteria, a stage was improvised for the dress revue, and the room attractively decorated with baskets of flowers. While the attendance was not large, everyone felt that a very successful and worthwhile venture had been started. Next year will undoubtedly bring more parents and friends.

During the year, the Agent has been in charge of one program devoted to 4-H Club Work presented at a luncheon meeting of the Zonta Club and participated in a 4-H Club Program at a luncheon meeting of Kiwanis.

The Agent has attended and taken part in the meetings of the County 4-H Council. Dates for these meetings have been scheduled to precede County events when it was necessary to formulate policies and plans. This year they were as follows: December 4; January 15; March 5; July 12; October 8.

During September, Mr. Kenneth McKee, State Leader of 4-H Club Work and Mrs. Ellen Kightlinger, Assistant State Leader held a two day conference with the Home Demonstration Agent and the Assistant County Agricultural Agent. The chief topic for discussion was the transition in policy regarding school participation in the program. Because of transportation difficulties with 4-H club members, meetings have been held in the past at school and because of the school hours situation during school and because of bus situation during school time. Now 4-H club meetings are to be independent of any school curriculum. This transition was made at Crane School for this current school year. It has meant fewer enrollments from the Crane area and is responsible for our lower percentage of completions in the County. Last year the percentage of completions was 87; this year the percentage is 83. However, we do have more home participation in the program, more leaders are being found. It is hoped that when the new policy is thoroughly understood, the number of enrollments and percentage of completions will again be on the increase.

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Before leaving the subject of 4-H activities and results it should be here stated that 4-H files in the county office take the form of a card index which works for a permanent record of enrollments and completions.

A monthly 4-H news letter is published under the caption "Covered Wagon" and sent to all 4-H members and their leaders. While the Ass't County Agent assumes the initiative for these news letters, it is a joint publication of the Ass't County Agent and the Home Demonstration Agent.

SUB PROJECT E--Reports

Reports from the Home Demonstration Agent's Office take the form of a monthly narrative and statistical report. Weekly reports have been practically impossible because of congestion in stenographic services or in the Agent's program.

The Agent has a calendar outline where she writes down appointments, makes notes concerning meetings, etc. Reports are largely made from this calendar.

XIII--Nutrition

In no phase of Home Demonstration work are the effects of a long term program more evident than in nutrition. Requests for assistance came from what communities have learned to be important sometimes extending many years back. For this reason, it seems hardly fair to tell of one years work in nutrition without going back for at least a brief account of teachings and accomplishments in previous years.

More than a decade ago, Yuma County through the Home Demonstration service had an intensive course in child care. The Agent is still feeling the influence of this course and not a month passes that she does not have some requests for the literature from the Children's Bureau on prenatal, Infant and Pre-School child care.

During the current year, the Agent has added to her bulletin supply, the one entitled "Your Children from 6 to 12", published this year by the Children's Bureau of the Federal Security Agency. This last named has gone to Camp Fire Guardians, to Parent Teach Association committee members as well as to our Extension Personnel.

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The long established custom of giving advice on food preparation means that the Agent is called on for advice in all phases of food preparation from supplying recipes to interpreting unusual results. For the past three years there has been increased interest in the school lunch program. There has been an increase in quality of lunches served and in percentage of children served. The problem has been simplified by the closing, within the last five years of three rural schools, the children being sent to either Crane School or to the Yuma Grammar School. These schools have been Sunnyside, North Gila School, and Rood. Up until this Fall this arrangement has been looked upon as more or less a temporary affair but now it has become permanent for all three districts involved. As far as the hot school lunch program is concerned, this is definitely a good thing.

In the fall of 1945, a hot school lunch was instituted at the Roll, Mohawk School with the President of the Home Demonstration Club acting as Cafeteria Manager. This lunch is at present functioning under the same management. Not only is it doing a splendid service with the daily school lunches but serves for many school and community functions. The entire community is appreciative of the service.

In the Fall of 1947, a school lunch room was opened at Wellton. The Wellton Home Demonstration Club initiated the movement, and a Home Demonstration Club member was selected as manager. A building was erected on the school grounds for the purpose and nicely equipped. Last year and this year more equipment including a dish washing machine and a "walk-in" refrigerator has been added. The lunch room is operating present under its original management and is a real credit to both the school and the community.

The Fall of 1948 saw quite a reorganization of grammar

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school in Yuma proper. Two new school buildings were put in operation and the school lunch or cafeteria was moved from the basement of the Fourth Avenue Grammar School to a building all its own. Modern equipment was installed in the building and the management of the cafeteria placed in the hands of a trained dietitian entirely separate from school authority supervision. The cafeteria has taken its place not only to serve a large number of school children but it is used for many evening civic club dinners as well. While obviously, Home Demonstration work has had no direct responsibility in this, still undoubtedly it has indirectly helped build public opinion to bring about this needed change.

At the Yuma Union High School, the Cafeteria continues to be in charge of a former Crane Cafeteria Manager. From time to time she comes to the Agent requesting help with recipes and menus. The Agent has supplied her with tested quantity recipes and menus.

At the Somerton Grammar School, the 4-H meal Planning Club is assisting the school lunch manager with planning menus and with certain operation tasks. It seems to be working out fine. Both the Principal and the Manager have remarked to the Agent very favorably on the clubs participation. The cafeteria has long been a very fine example but this year it seems to be operating even better. It serves on an average four hundred each school day noon.

Sub Project A--Food Production

Three factors have always influenced the growing of home vegetable gardens in Yuma County as follows: character of the soil and water supply; climate; proximity of commercial vegetable growers. In a large portion of Yuma County, the soil is salt and does not lend itself to the growing of a variety of produce. Irrigation systems furnish water for comparatively large areas but are difficult to adjust for a small area such as a home vegetable garden. The growing season extends for the entire year with the possible exception of two months in extreme heat of the summer. Because of commercial truck gardens, Yuma County markets are abundant in both variety and amounts of fresh vegetables and fruits and at a cost less than that of production on a small scale. In short, the growing of home vegetable gardens, is not generally practical in Yuma County. There are of course certain exceptions such as: The Yuma Valley, where the soil is not salt.

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During the war, the commercial truck garden industry was at low ebb and the variety of vegetables was influenced. Because of this and because of the patriotic appeal, the growing of vegetable gardens was tried out in all areas. However, now that more or less normal conditions prevail, the majority of farm families have returned to the habit of purchasing rather than growing vegetables. When gardens are grown, the chief vegetables included are as follows: tomatoes, English peas, black eyed peas, beans of many varieties, broccoli, greens of many varieties, carrots, potatoes, squash, beets, cucumbers, corn, onions, okra, egg plant, peppers and radishes. Cauliflower seems also to have been added recently. While it can scarcely be called a home garden project, the Agent recently observed an eighty acre plot in the Gadsden area where Cauliflower was being grown.

Always, the Home Demonstration program in Yuma County, in all phases of Food Production, has been subsidiary to that of the County Agricultural Agent. The Home Demonstration Agent has included timely information on poultry and egg production as well as home gardens in radio broadcasts which she has given. 4-H garden and poultry projects are supervised by the Assistant County Agricultural Agent.

Sub Project B—Food Preservation

A part of the Home Demonstration Agent's time each month of the year is occupied with dispensing information of food preservation. This is because food material grows in Yuma County the year round. However, this presence of fresh food materials has made Yuma County not one which cans or freezes heavily. The practice is to preserve the surplus which occurs and to use it to supplement the fresh vegetables and citrus fruits of the long growing season. Such fruits as apricots, peaches, pears, plums, cherries do not grow to any extent locally. For the last few years there has been rather large scale trucking of such fruits from California which has stimulated home canning and freezing. Then, too, since Yuma is located on the border of California, many home makers make rather extended visits to California orchards, when the fruit is ripe, for the purpose of canning and drying the fruit.

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The year 1943 saw an effort to make the drying of vegetables in Yuma County practical. Dehydrators were built in farm communities and two result demonstrations conducted. While the dried products were fairly palatable yet, without exception home makers preferred canned foods. Drying was not deemed of much practical use in Yuma County because surplus can better be conserved by canning or freezing. A possible exception may be the drying of figs. However, a special method must be used to prevent spoilage as follows:

Place the figs on trays in the sun protected from insects.

(The figs should be separated from each other in single rows). Dry until they give in the hand when squeezed, not rattle. Then wash 20 minutes in cold water containing 4 ounces salt to each gallon of water. Dry again for one-half day. (The figs will plump again). Pile them up for a week or two to sweat, then pack in clean boxes or sterile jars and seal tightly to prevent further drying and to protect from insects.

In 1943, also, when pressure canners were being rationed approximately one hundred new pressure canners were purchased in Yuma County. This has, in all subsequent years, helped materially the home canning of food materials. In all years past, some work has been done by the Agent in testing the accuracy of pressure gauges. She has, at present a maximum registering thermometer and tests gauges on request. However, Yuma County's dry climate together with sea level altitudes tend to keep gauges accurate and to minimize the importance of such testing.

The years 1944 and 1945 saw the practice of home canning in Yuma County reach a new high. This was accounted for by the following:

1. High point value of commercially canned foods.
2. Increase in California fruits trucked into Yuma.
3. Surplus from vegetable gardens.
4. Increase in number of pressure cookers in the County.

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The last three years have seen a decided decline in canning in favor of freezing as a method of preservation. This seems to be due to the greatly increased facilities for freezing. In September of 1945, a commercial freezer storage locker plant was opened for trade with more than sixty percent of the rentals going to rural people. In addition, the last three years have seen home freezer cabinets installed in a great many of the rural homes in Yuma County.

In August of 1945, the Agent attended a work shop on Freezing of Foods at the University. The school was under the direction of Miss Reva Lincoln, Extension Nutritionist. This work shop was good preparation for demonstrations and conferences in the County. At the University, the group used the new freezer cabinet located in the nutrition research department. The Agent came away from the work shop with a good comprehension of the principles and operations involved in deep freezing.

In October and November of 1945, demonstrations on freezing were given to Yuma County Home Demonstration Clubs and to the Yuma Garden Club, the Senior Delta Club and a Tenant Purchase Group from the Farm Security Administration.

During 1946 a demonstration on the preparation of foods for freezing was given to the Mother's Club of Yuma. In addition three repeat demonstrations were given to Home Demonstration clubs on request.

The Freezer Locker Plant has been going at top speed since the day it opened and they added to their initial capacity. Meat is the predominant thing stored.

There is a butcher employed at the locker and a charge is made for cutting and wrapping. However there is considerable preparation for freezing done by homemakers and more and more freezing is superceding canning as a method of preserving vegetables and fruits which lend themselves to freezing.

During the year of 1947, The Agent was twice called into the State Office for meetings on Food Preservation. The first of these occurred in March and its purpose was to acquaint all Agents with the new time table for canning vegetables and fruits which lend themselves to freezing.

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During the year of 1947, the Agent was twice called into the State Office for meetings on Food Preservation. The first of these occurred in March and its purpose was to acquaint all Agents with the new time table for canning vegetables and to plan a program of food preservation in various counties.

The second of these meetings occurred in April and was a Frozen Foods School with the guest instructor Mr. K. F. Warner, Meat Specialist, Extension Service, Washington, D. C. Subjects under discussion were as follows:

The Place of the Locker in the Rural Community; Planning for the Use of Locker Space; Principles of Locker Plant Construction; Refrigeration and Costs; the Relation of Time and Temperature to Storage; Processing Fruits and Vegetables; Dressing and Packing Poultry; Meat Cutting and Wrapping.

Both of these above meetings have been helpful in forwarding Yuma County's Food Preservation Program. Upon receipt of the new time tables for processing non-acid vegetables, explained at the March meeting, the Agent explained and distributed the time tables at all Home Demonstration Club meetings. She also publicized it in a radio broadcast and has supplied it to homemakers on request.

After returning from the Frozen Foods School, Mr. Al Face, Ass't County Agent and the Home Demonstration Agent shared a fifteen minute broadcast over KYUM, telling the highlights of the school. This broadcast resulted in stepped up requests for information on both freezing and canning. At a Roll Home Demonstration Club meeting, the Agent prepared and wrapped chicken for sharp freezing.

The past two years have seen the usual run of requests for information on preserving of food materials. While these have been numerous calls for the United States Department of Agriculture Bulletins "Home Freezing of Fruits and Vegetables" and "Freezing Meat and Poultry Products", the bulletin most requested has been the Arizona Extension Circular W-37 "Home Curing of Dates". All requests have been answered with home visits or phone calls or, where the request was for a bulletin only, with the mailing of the bulletin requested.

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In October of 1948, at the County Home Demonstration Council meeting, with sixty county women in attendance, a technicolor film on freezing foods was shown. The film was secured for the meeting by Miss Jean Stewart, State Home Demonstration Leader. It showed approved methods for preparing fruit, vegetables, meat poultry, etc. for freezing. It also showed the advances which have been made in freezing. It also showed the advances which have been made in freezing cooked foods. A description of this film has been taken back to all Home Demonstration Clubs in the County.

All this has had an influence on Food Preservation work as accomplished during the current year. There has been stepped up interest in preservation of food by freezing over all previous years.

In January of this year, Miss Reva Lincoln, Extension Nutritionist, was in the County. All 4-H Meal Planning Clubs in the Southern part of the county, as well as some Home Demonstration Club members, were included in two demonstration meetings at that time. The subject presented by Miss Lincoln was "Preparing Food Materials for Freezing". One demonstration was given at the Mohawk School for the benefit of club members in the Roll-Wellton area. Another demonstration was given at the Crane School for the benefit of club members from Crane, Rood, North Gila, Gadsden and Somerton.

During August and September of this year requests for literature and information on canning and freezing reached a peak. The reason was the very large crop of fruit coming in from the far western states. Early in this period the Agent gave one fifteen minute broadcast telling of the desirability of food preservation--canning or freezing--this year.

Sub Project C--Food Selection and Preparation

Work in food selection and preparation falls into three classes as follows:

1. Project work with adults
2. Request work with adults
3. 4-H Club work

For the past two years, because of the stress of other programs, project work in this division has been limited. In November of 1947, a project local leader meeting was held on Poultry. Miss Reva Lincoln, Extension Nutritionist, gave the demonstration assisted by the Home Demonstration Agent.

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The subject, previously selected at a County Council meeting was "Holiday Meals" and featured the preparation and roasting of a turkey. Before the demonstration, a chicken was cleaned and stuffed ready for the oven. This was put in the oven to roast at the beginning of the demonstration. A New York dressed turkey bought at a local market by the Home Demonstration Agent was then used to show all the steps in cleaning and stuffing a turkey. Points stressed were: killing and dry picking versus scalding with hot not boiling water; head and feet left on the bird at time of killing; removing pin feathers using crochet hook #8; removing tendons, seven at back and two at front of each lower leg using wooden clothes pin; skin cut an inch or more below knee joint before dis-jointing and severing foot; neck severed from head with no loss of neck; bird given soap and water bath using brush; incision made in skin at back of neck drawn through to be cut at body line, leaning skin in front of insert; crop tied off before being cut from alimentary tract; T shape or band shape incision made for drawing the turkey; stuffing, skewering, fastening wings and legs to body; larding and salting.

The chicken roasted during the demonstration was carved as a demonstration and eaten by the leaders at lunch. A mimeograph sheet, prepared by the Specialist, gave a suggested Holiday meal menu, which included a "Horn of Plenty" Pie. This pie is particularly good for Yuma County because it uses dates and pecans, locally grown products. It is one crust pie combining cranberries with the dates and nuts. This recipe the Agent made up ahead of time and the Leaders had small wedges of pie at lunch time. This meeting closed with a discussion of centerpiece decorations for the Holiday meal.

Since this meeting came late in the year, all the local meetings carrying this subject matter were held in the year, 1948, when the eight Home Demonstration Clubs had such poultry demonstrations. This has proven to be a very timely demonstration because of the abundance of turkeys this year. Clubs have had repeat demonstrations none of which have been given by the Agent herself but by local leaders. It is interesting to note that just recently the Agent has made home visits where she unexpectedly has found large flocks of turkeys, one a flock of three hundred on the Yuma Mesa.

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During the current year as in 1948, there has been continued interest in grapefruit desserts as a result of the leader meeting held in 1947, with Miss Reva Lincoln, Extension Nutritionist in charge. Leaders have reported distributing the leaflet on the subject during both 1948 and 1949. The Agent has also had many requests. This was proven one of the best food demonstrations ever given in the County because it makes use of our abundant grapefruit crop and has pointed the way to new uses.

In January of this current year, a leader meeting was held with Miss Reva Lincoln, Extension Nutritionist in Charge. The subject of the demonstration was "Favorite Mexican Dishes". A buffet luncheon was actually prepared, its nutritional value developed in a round table discussion and cooking techniques such as peeling green chile peppers (paraffin method) and deep fat frying were demonstrated.

A buffet table with the Mexican theme was prepared and all present were served. The menu was as follows: Chiles Rellenos; Frijoles Refritos; Rospadas; Ensalada de Aguacata; Cocada; Coffee.

Attending the meeting were twenty nine women representing the following clubs: Gadsden Home Demonstration Club; Rood Home Demonstration Club; Yuma Mesa-Somerton Vicinity Home Demonstration Club; North Gila Home Demonstration Club; Wellton Home Demonstration Club; Roll Home Demonstration Club; Snyder Ranch Club; Wednesday Afternoon Club; Senior Delta Club.

The subject "Favorite Mexican Dishes" proved quite a drawing card because of Yuma County's location on the border of old Mexico. During the year, the meeting has been repeated to all groups represented. In two instances the Agent was present. The other meetings were carried entirely by the Leaders.

In October of 1949, The Extension Nutritionist came to Yuma County for the County Home Makers Council Meeting. She gave a stimulating, illustrated talk on the why of good nutrition. It set forth the importance of the actual use of the seven basic group chart in maintaining good food habits. Since the meeting this talk has been reported back to the clubs represented.

During the year, the Agent has been called on to help with planning of meals for special occasions. There have been seven other occasions with which the Agent has been either committee chairman or a committee member.

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The last two years have seen a revival of requests for work meetings on "Christmas Sweets" which were popular during the Pre-war days and for obvious reason had to be discontinued when sugar became scarce. During December of this current year, there was time for but one such meeting as follows:

The leader of the Mohawk-Wellton 4-H Club requested that the Agent meet with the club and supervise a Christmas candy making meeting. The meeting was held at the Wayne Wright ranch in Roll, fourteen high school girls and two leaders were present and approximately thirty five pounds bon bons, chocolate creams, and divinity were successfully made.

The last four years have seen a material strengthening of 4-H Food Preparation and Meal Planning work in Yuma County. This has come as an indirect result of the Junior Agricultural Fair awakening communities to some of the possibilities of 4-H Meal Planning Club Work. This year's exhibits and demonstrations have continued to be a factor. Among the demonstrations worked on by club members are the following: Accurate Measurements; Table Setting; Preparation of Grapefruit; Making Baking Powder Biscuit; Making Muffins; How to Roll Dough; A Spring Salad; Preparing and Packing a School Lunch; Making an Orange Chiffon Cake; Making Meat Patties; Preparing Grapefruit and Orange Sections for Freezing; Preparing Poultry for Freezing; Making Cream Soups; Home Pasteurization Milk.

During the year the Agent met with the various clubs and their leaders in the interest of demonstrations, helped them with outlines, with practices, with props, and in anything that would encourage the cause. All Meal Planning Clubs practiced demonstrations during the year. Those giving demonstrations at the Fair were as follows: Gadsden "Go Getters"; Gadsden "Stitch and Cackle"; Rood "Merry Meal Planners"; Crane Meal Planners; Jolly Commuters; North Gila Meal Planners; Roll "Busy Bees"; Wellton Meal Planners; Mohawk Wellton Club; Bouse Club.

After the Junior Agricultural Fair, the Agent spent some time in preparing the winning foods teams for participation in the State 4-H Round-Up Demonstration Contests as previously told under D (c) d.

Breakfast Contestants were selected on the basis of points won in Meal Planning at the Fair. The final team selected lived in separate communities some distance apart. It was necessary

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for the Agent to go after the girls and their Leaders in order to facilitate practices. They met either at one of the homes involved or at the home of the Agent. It is hoped that next year there will be laboratory facilities available at Crane School, at least, so that contestants may be selected from a preliminary County Breakfast contest.

A discussion of Food Selection and Preparation Activities in Yuma County during the year 1949 should not be closed without mentioning broadcasts. As before mentioned, the Home Demonstration Agent has for three years taken her turn with the County Agricultural Agents in filling a weekly fifteen minute broadcast time over KYUM. This current year she has given a total of seventeen such broadcasts and with each of these she has included timely suggestions for food selection and preparation. She is continuously having responses to these discussions, thus, she knows that her audiences have been of goodly number and that the suggestions given are being used by Yuma County homemakers.

XIV--CLOTHING

Since the beginning of Home Demonstration work in Yuma County more than three decades ago, Clothing has been perhaps its strongest program. It is no wonder that there are now a nucleus of women who have learned many Home Economics Clothing Technics. These women are scattered through out the County in all communities and act either formally or informally as adult and 4-H leaders. Because of the added demands made upon the Agent's time by an expanding program, the Agent has, whenever possible, for the past three years, left formal instruction to these leaders. This has meant that there have been fewer adult demonstrations in clothing work given by the Agent than in previous years. The work on Tailoring presented by the State Clothing Specialist during this current year has greatly expanded the long time program. For this reason it seems best to tell of it in its relationship to the teachings of other years.

SUB PROJECT A--Selection

As market conditions have changed, selection of Materials has been a repeat program. In 1942, "Identification of Fibers" was presented at a Leader meeting and in turn was given to all Home Demonstration Clubs.

With the war, market conditions changed. There was very limited choice of materials and the work on identification of fibers was not used so much for a purchase guide as for an aid to proper care of material.

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In 1947 new materials again appeared in the stores, so again the study of selection of materials was in order. In October of that year, Miss Helen Church presented work in the County on the use and care of new materials. This included an exhibit of materials classified as cotton; rayon; nylon; combination nylon and rayon; ~~fine~~^{fire} resistant fabrics; materials (wool, cotton, linen) specially treated for overcoming laundering and wearing shortcomings. This work, together with the exhibit and a bulletin specially prepared by Miss Church was subsequently given back to all Home Demonstration Clubs and in addition to the Parker Women's Club, the Wednesday afternoon club, the Vi-sa-Wen Club in Salome and to a group of women in Bouse.

In February of 1948, a clothing leader meeting was held with Miss Helen Church in charge. The subject of the meeting was "Style Trends". As usual, this was an all day meeting. The morning was occupied with an illustrated discussion. The afternoon was spent with a clothes "clinic". Some of the leaders brought dresses which they wanted to remodel. They modeled the garments and there was a round table discussion of what could be done to modernize them. Subsequent to this Leader meeting, the Agent assisted in meetings on "Style Trends" at the following clubs: North Gila Home Demonstration Club; Gadsden Home Demonstration Club; Rood Home Demonstration Club; Wellton Home Demonstration Club; Yuma Mesa and Somerton vicinity Home Demonstration Club. In addition she incorporated as much of the material as possible in meetings in the northern part of the County.

In October of 1948, Miss Church was again in the County for a Homemaker Council meeting. She brought along an exhibit of children's clothing bearing tags giving the Gaulmer measurements made according to government specifications.

This current year has seen our most ambitious project as far in the clothing field, that is, we have had a clothing school and actually made tailored coats and suits. To introduce the school, Miss Church was in the county one day in February for a Leader meeting.

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As usual the meeting was divided morning session and afternoon session. The morning session was spent in discussing fabrics suitable for tailoring. Basis for selection was based on possibility of proper pressing as well as whether it was worsted, was sanforized, was of proper weight for suit or coat, etc. During the summer the Agent, at the suggestion of the Specialist, secured samples of suitings and coatings from a ~~from~~ list of large firms in other states—the list was supplied by the Specialist. These samples, together with samples from local firms, were used for discussion and actual selection of materials at the first school sessions in September. The afternoon of the February meeting was spent with a demonstration of pressing equipment and its use after which the leaders broke up into club groups preparing shoulder pads and pressing cushions to take back as illustrative material to their respective groups. Each leader was given a supply of a pamphlet prepared by Miss Church entitled "Simple Equipment Needed for Tailoring". At this meeting there were thirty two leaders representing ten organizations. The subject matter was subsequently given to these organizations. In most cases these included a work period when pressing cushions were made.

SUB PROJECT B--Construction

Garment construction techniques have always been popular with Home Demonstration Club members in Yuma County. During 1947, the chief achievement in this field was adoption of short cuts in sewing from a Leader meeting conducted by Miss Helen Church, State Clothing Specialist. Miss Church wrote a bulletin for this meeting entitled "Save Time by Short Cuts". The short cuts taught at this meeting have proven very popular both last year and this current year and have been used not only with adult groups but with 4-H clubs as well.

After two years, the Agent is still observing instances of the use of these short cuts as she goes above over the county. The wrist pin cushion is much in use partly because it is also one of the first year 4-H clothing requirements but also because of the above short cut meeting. The jiffy method of putting in zippers is being used in every community. Last year, 168 homemakers reported using one or more of the shortcuts in sewing. No report has been requested for this year but doubtless there are as many or more.

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In April, 1948, Miss Helen Church initiated a program with Home Demonstration Clubs on "Use of Sewing Machine Attachments". This took the form of all day meeting with the Wellton Home Demonstration Club. Members brought their sewing machines and were actually instructed in the use of their own attachments. Subsequently, the Agent conducted similar meetings with all Home Demonstration Clubs. It was estimated a year ago that one hundred and eighty-one homemakers had extended their use of sewing machine attachments because of these meetings. One woman enthusiastically remarked "It was the best meeting I ever attended. I just didn't know how wonderful sewing machine attachments can be". In the case of the Gadsden and Roll Home Demonstration Clubs, repeat demonstrations were held in order that the women might become even better acquainted with their attachments.

While the Agent has not had time for meetings, as such, on sewing machine attachments this current year, meetings have been held in all communities with Leaders in charge. Women thus assisted in use of attachments and in correctly adjusting the machine is one hundred forty-five.

This current year, the tailoring school has been the major undertaking in the clothing field. As already told Miss Helen Church, Clothing Specialist, laid the foundation for the school at the Leader meeting in February. In July the Home Demonstration Agent sent a letter to club representatives enclosing an enrollment card. This enrollment card was stated as follows:

"I wish to enroll in the Tailoring School

Yes _____ No _____

I plan to Make (check one)

Coat _____ Suit _____

I will attend the four meetings necessary for finishing the garment

Yes _____ No _____

Signed _____

_____ Name

_____ Address

During July thirty one enrollments were received fairly evenly distributed between a preference for coats and suits. All Home Demonstration Clubs were represented and in addition there were twelve L-H club leaders.

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In August the Clothing Specialist spent one day in the County planning for the school. By the time of her arrival forty women had enrolled so it was decided to have a day for the suit group and another for the coat group. The series of meetings was planned to include four for each group beginning in September and ending in November. The weather this Fall has been extremely hot. Very fortunately, one of the ladies in the class with a new home and a cooling system invited the groups for the first two meetings in the series. As a result we were able to forget the heat and a very successful beginning was made. Miss Church used projector slides to give a survey of all the steps involved from start to finish. As before told, there was on hand a large supply of samples from which to make selections of materials as well as findings. Bust measurements of all class members were taken. The tape line was placed above the bust rather than over the fullest part as has been the custom in the past.

During October, two all day meetings were held on suit making and two on coat making. After material and patterns had been selected, shoulder pads were made from crêoline and sheet cotton using specifications given by Miss Church. These shoulder pads proved to be one of the outstanding features of the finished garments. Next followed cutting from the patterns selected muslin garments. These were then fitted and very carefully fitted to the owners. Grain lines were very carefully watched. If the materials were not marked "sanforized" it was shrunk by class members at home following directions by Miss Church. Pattern alterations were made from the muslin after fitting. Garments were then cut following very definite instructions by Miss Church. The following bulletins were used as source material. At the first meeting each class member made up a kit of these bulletins together with mimeograph sheets on "stay lines" compiled by Miss Church:

U. S. Dept. of Agr. Farmer's Bulletin No. 1894 "Coat Making at Home"

U. S. Dept. of Agr. Mis. Pub. 591 "How to Tailor a Woman's Suit".

U. S. Dept. of Agr. Farmer's Bulletin No. 1968 "Pattern Alteration".

U. S. Dept. of Agr. Farmer's Bulletin No. 1964 "Fitting Dresses".

In November it was necessary for Miss Church to come one day in addition to the regularly scheduled series in order to complete all instructions. In addition the Agent spent four days with special work with neighborhood groups. At the

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present writing thirty-six suits and coats have been completed and without exception they are outstanding in appearance. Every one concerned is proud aspeacocks.

On the surface, the Tailoring School, may appear to have been a heavy expenditure of time for results obtained. However, the very opposite is true. By it, thirty six Leaders, adult and 4-H have reached a higher level of accomplishment than ever before. They will undoubtedly be very helpful in building correct clothing procedures in their communities for years to come. As the Agent sees it, if twice the time and effort had been spent, it would have been time and effort well spent.

A number of years ago, the Home Demonstration Agent, because of popular demand, held meetings in all communities including the northern part of the County on the making of paper dress forms. Many dress forms were made at that time and since the Agent has heard from time to time of groups who have met to make forms for each other. This year, however, there has been a real revival of interest in the making of forms. When the Agent could not find an experienced Leader, she has, upon request conducted work meetings herself. There were four such meetings. It is interesting to note that in two instances forms were made for girls who are to be away from home attending college. The mothers needed the forms so as to be able to dress make for them while they were away.

This current year, because of a crowded program, clothing meetings in preparation for Christmas have had to be curtailed. There were, however, a number of such meetings with Leaders in charge. For these the Agent furnished illustrative material, etc., as follows: Patterns for Stuffed Toys; Stencil Patterns with Stencil Paints; Apron Patterns.

Sub Project C - Clothing Economics

While there has been no time for formal meetings in clothing Economics during the current year, the influence of previous years work has had its influence. For several years Clothing Economics was carried under the caption "Care of Clothing Series". The first of the series was "Identification of Fibres", the second was "Laundering Techniques", the third was "Dry Cleaning". Later the series branched out into Clothing Storage. The phase chosen was storage of shoes and sewing equipment and included a work meeting for making, among other things, portable sewing cabinets. These cabinets have proven very popular. The first year they were made in all Home Demonstration Clubs. Since then there have been numerous reports of sewing cabinets having been made. Last year the Agent supervised the making of portable sewing cabinets by the members of the Snyder Ranch Home Makers Club, which is a division of the Roll

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Club. At the County Homemaker Council meeting in October of this year, requests came from two clubs to again make cabinets. The Agent plans to comply with the request in 1950. A Leader meeting on "Wardrobe Planning with Miss Helen Church, Clothing Specialist, in charge has been planned for November of 1950.

Before leaving clothing work with adult mention should be made of three request work meetings with special groups who requested help with sewing in of zippers, with seam finishes and with bound button holes. At Wellton, the Homemaker Club made articles and had a Bazaar, the proceeds of which went toward a Youth Community Center, a project in process in the district.

Sub-Project D - 4-H Clothing

For four years now, the Junior Agricultural Fair has considerably altered the activities of the Home Demonstration Agent with 4-H Clothing Club Work. Active step-up in project and special preparation has continued from January until the Fair began.

This current year, Miss Maryetta Shoup, Home Demonstration Agent, ~~at large~~, was in the County the first two weeks of the month ~~and~~ ^{March} assisted with the development of demonstrations. Subjects for clothing demonstrations were as follows: Choosing Becoming Clothes; Making and Equipping a Sewing Box; Types of Seams; Making a Bound Button Hole; Putting in a Skirt Hem; Making a Cloth Stuffed Toy. In the larger clubs there were elimination contests and only the most representative demonstrations were included in the Fair program.

The clothing exhibit at the Fair was larger in both quantity and quality as compared with all previous years. All clothing clubs came through with good exhibits. Particularly to be mentioned are the Jolly Commuters Club, the Yuma Mesa Club; the Bouse Club. The Jolly Commuters is a club made up of High School boys and girls from the Crane and Rood areas. They have a leader who has had much experience in clothing construction and who is untiring in her 4-H leadership efforts. All girls in the club exhibited costumes and some of the girls were chosen to represent the County at the State Round-Up Dress Revue. The Yuma-Mesa Club is a small club of eight girls all of Junior age which has been organized for two years. Their Leader, as with the Jolly Commuter Leader, is a woman of much more than average ability and energy. All club members received blue ribbons on all their exhibits. The Bouse Club is a small club in the northern part of the County. This is the third year the club has exhibited each year, with very limited equipment, they have come through with blue ribbon entries. Their leader has shown marked ability in working with the girls and has spent long hours in instructing them. They

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have met in the school house and worked after school and on Saturday. The Agent is sorry to report that the Leader has moved to another state. At present it seems doubtful that the club can be as outstanding for the coming year.

In February, two meetings were held in the interest of 4-H Clothing Judging work. Both were conducted by Miss Helen Church, State Clothing Specialist. One was held at the Mohawk School and was attended by the 4-H Clothing Club girls from the Wellton-Mohawk area. The other was held at the Somerton School and was attended by the 4-H Clothing Club girls from Gadsden, Somerton, Rood, Crane and North Gila Communities. Both meetings featured a discussion of clothing judging followed by the actual judging of rings of aprons and slips prepared from the garments the Roll girls and the Somerton girls had made.

The Dress Revue at the Junior Agricultural Fair this year was more formal than in the preceding three years. The stage was set up with a large door representing a 4-H Record book. Flanked on either side and all across the rear and sides of the stage were desert flowers. The Dress Revue entrants were admitted through the Record Book door. Four senior 4-H girls who had recently made trips to the Congress in Chicago acted as mistresses of ceremony. They were dressed in long party dresses. The narrators were Mona Berry and Joan Cannon while Betty Frauenfelder and Mary Lott officiated at the Record Book door.

Winners were declared by the judge (Miss Helen Church) in both senior and junior divisions as follows: Junior division winner, Julia Sleeth of the Yuma Mesa Club; Senior division winners, Nedra Tudor, Dixie Anderson, Billie Jean Whitman, Jill Cannon, all of the Jolly Commuters Club.

Julia Sleeth modeled a blue cotton broadcloth dress in semi-tailored lines. Her costume was outstanding but because the Round-Up dress revue this year was not open to Junior age girls, she was not awarded a trip.

Nedra Tudor's costume consisted of a suit made from a combination of plaid and harmonizing plain flannel. The color predominating was dusty rose or orchid. A navy blue thread ran through the plaid of the material so Nedra chose navy blue accessories--suede shoes and bag, "Beanie" hat and gloves. Nedra made a very nice lace trimmed white slip. She did not, however, make her blouse because of the time involved. Nedra received a blue ribbon at the Round-Up and she plans to make a 4-H costume again this coming year.

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Dixie Anderson made a cotton print "best" dress. The material had a diagonal floral stripe with blue green color predominating. She did particularly well in choice of design and in workmanship. The dress had a bustle effect in the back. Dixie wore black velvet accessories with rhinestone trim. These included a velvet ribbon choker for her neck, slippers and hand bag. Dixie did very well at Round-Up and she plans to make a 4-H costume again this coming year.

Billie Jean Whitman made a party dress costume. She used a sheer material which her mother brought her from South America. It was very interesting, of a delicate crepe weave, called in South America "organdy". Billie Jean picked up the colors in the floral design in a multicolored velvet ribbon sash. She made a white lace collar and wore white accessories. These included a summer hat, slippers, handbag and lace gloves. Billie received a red ribbon at the Round-Up Dress Revue.

Jill Cannon made a light blue chambray school dress. She chose a Princess style and the seams were outlined with embroidery insertion. The workmanship on the dress was very good indeed. However, Jill is at the age where she is developing very rapidly. She put the dress away after the Fair and did not again try it on until the Round-Up. Then to her amazement the dress did not fit. Because of this, she received a white ribbon at the Round-Up Dress Revue.

As this report is being written clothing clubs have been organized for the year 1949-50. Leaders are functioning better than in any previous year. This is largely due to efforts and contacts of previous years supplemented by incentive gained at the State 4-H Leader Camp held this current August, and by a Leader Meeting held this October in Yuma.

XV. Home Management

SUB PROJECT A--Selection

Since a Home Management Specialist was added to the staff two years ago in the person of Miss Grace Ryan, the Agent has observed a real advance in Home Management and Home Furnishing Work in the County.

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The 1947 meeting on "Kitchen Storage" was held in May with nine communities represented by their leaders.

The specialist brought with her excellent illustrative material and the morning was spent in discussing things that can be done to improve kitchen storage following the theme of making the kitchen work for the homemaker, rather than the homemaker working for the kitchen.

In the afternoon, the group was taken for a tour of the Manual Training Center at the Yuma Union High School. The instructor in charge demonstrated the proper use of such tools as: cross-cut saws; rip saws; chisels, rasps, planes.

The entire day was well spent and the leaders expressed themselves as judging the subject matter practical and very logically presented.

Miss Ryan, the Specialist, left her illustrative material for use in the individual club meetings. It included suggestions for stagger and vertical sectioning of shelves and drawers to make for convenient kitchen storage; devices such as knife holders, spice shelves, arrangement of equipment to make for saving labor, etc. There was a file of picture clippings and an ample supply of a reprint of the Country Gentlemen, May, 1946, article entitled "Better Kitchen Storage".

This furnished material for excellent meetings on "Kitchen Storage" in all Home Demonstration Clubs.

Last year and this year two hundred and thirty seven homemakers have reported using at least one suggestions. Reports are as follows:

Number who have scored their kitchens	143
Number who have made a labor or time saving improvement	219
Number who have fixed a better work area	122
Number who have stored items near job	215
Number who have planned storage to fit articles	116
Number who have studied storage for articles seldom used	108

This Fall of 1949, the Agent has made two home visits for other Home Demonstration work and has been pleasantly surprised to find definite evidence of Miss Ryan's first kitchen storage meeting. One of these was a new home and the kitchen

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looked as though it might have been constructed from the leaflet "Better Kitchen Storage". Every dish and every pot and pan in the kitchen had definitely had storage planned for it. The other kitchen was a re-modeled one and showed definitely the use of Miss Ryan's Extension Folder 49 entitled "Plan your Kitchen Storage".

In January of 1948, the second leader meeting was held on "kitchen storage" with Miss Ryan in charge.

As is the custom the meeting began at ten in the morning. Nine communities were again represented by leaders and a busy day was spent. This time, rather than storage for for small equipment the work centered around floor plans and the arrangement of large equipment. This work has subsequently been presented to all Home Demonstration Clubs. Homemakers who were definitely planning to build or remodel their homes and who promised to make use of the material were supplied with miscellaneous publications No. 622 of the United States Department of Agriculture entitled "Your Farm Home Cut-Outs to Help in Planning. Twenty-seven of these publications were given out and the names recorded. All have reported using the cut-outs in planning.

This current year "Cut-out" books have been given out by special request to rural homemakers who are prospective "builders". There have been twelve of these. All have reported finding the cut-outs very helpful.

In October of 1949, Miss Ryan was again in Yuma County for our Home Demonstration Council meeting. She brought along the floor plans and miniature replica of the expanding farm house which had been prepared for the Country Life Conference at the University. This Miss Ryan used for an illustrated discussion on the subject at the meeting. She left the material and it remained in the County until this current Fall. It was used for the following:

- (1) Discussion at various Home Demonstration Club Meetings.
- (2) An Exhibit in the Agent's office
- (3) Illustrative material for talks at Yuma-Mesa and Crane Farm Bureau meetings.
- (4) Illustrative material for work on storage with senior 4-H girls.

The last of November, 1948, a leader meeting was held on the subject "Problem Windows" with Miss Ryan in charge. The subject was chosen because of a preference expressed by several communities as a follow up of the County Council meeting in October. Follow

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up of this leader meeting has been a part of the current year's program as follows: In December, three Home Demonstration Club meetings attended by the Agent with the topic under discussion "Problem Windows" and using the illustrative material left in the County by Miss Ryan. This kit was loaned on three occasions for meetings which were led by leaders. In January, two additional Home Demonstration Club meetings on "Problem Windows" attended by the Agent. The kit was loaned four times for Leader conducted meetings.

Since that time, the Agent has used the "Problem Window" subject matter to help with request conferences on selection of drapes, etc. There have been seventeen such requests.

SUB PROJECT A--Selection

One Home Demonstration Club voted to actually make drapes for one of their members who had been a member of the community for many years and who recently moved into a new home built on the place. The Agent helped with the selection of material to harmonize with the "ice-green" walls. Lined drapes were made by the club under the supervision of the Agent. They were really professional looking when finished and the room was made over in appearance. Every one concerned was delighted. It is estimated that one hundred homemakers have actually used the subject matter of the leader meeting "Problem Windows" in their homes.

In March, of the current year, Miss Ryan was in charge of a Leader meeting on buying techniques, the subject of which was "Outwitting the Dollar". Twelve leaders were present representing eight communities. Miss Ryan handled a difficult subject in a very interesting and worth while way. Her illustrative material was well selected and every woman present expressed themselves as much interested. Because of work on the Fair and consequently necessary interruption of the regular program follow-up meetings were deferred until May. In May two requests were answered for help in presenting "Outwitting the Dollar". One of these was from the Wednesday Afternoon Club and the other from the Wellton Home Demonstration Club. The kit was loaned on two other occasions for the use of leaders. In June three meetings were conducted by the Home Demonstration Agent and four by Leaders. In July the Gadsden Home Demonstration Club met for

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an all day pot luck meeting at which time Club members interested entered into a lively discussion. This was true, in fact with all meetings conducted by the Agent on the subject and Leaders have reported similarly. While results are intangible and no attempt has been made to reduce them to mathematical proportions it is undoubtedly true that much good has been done.

4-H CLUB WORK

As before stated 4-H Club Work in Home Management is the newest project for both 4-Hers and their Leaders and will require patience to build to good proportions both because it appeals to fewer girls and it is harder to reduce to concrete proportions. It would seem that good progress has been made when a demonstration team from four clubs chose to work on a Home Management demonstration for the Fair. Clubs and demonstrations are as follows:

Jolly Commuters	Storage in the Home
Stitch & Cackle	Room Improvement
Yuma Mesa	Clothing Storage
North Gila	Bed Making

These demonstrations were all given at the Junior Agricultural Fair and the one on Storage in the Home slated to be given at the Round-Up. In May, the Agent was sorry to receive word from the State Office that the demonstration could not be given because there was no competing team. At the time of the Round-Up, it was learned that Pinal County had a team similarly disappointed. They had classified their demonstration as Home Furnishings. On comparing the two demonstrations it was found that they could easily have been classified together. It is therefore recommended, that, until the field of 4-H Home Management has increased appreciably in size the matter of sub-divisions be discontinued in classifying contests.

SUB PROJECT B—Construction

Home Demonstration Clubs have been working with upholstery and slip covers for many years, so there is a good amount of experienced information on the subject in all communities. Because of a full program, the Agent now personally supervises work meetings only when it is to maintain standards.

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D. PROGRAM OF WORK (cont'd)

~~Home Management~~ — *Continuation (cont'd)*

In April of this current year, there were two such slip cover work meetings when a davenport and chair were very satisfactorily covered. In May the Agent conferred with two homemakers, giving directions for amounts and kinds of material to purchase as well as general directions. In August, a group of women from the Baptist Church of Somerton and vicinity called on the Agent. They wanted to cover a studio couch which makes down into a bed and didn't know just how to go about it. The Agent met with them and supervised the process. It turned out very well to the delight of all the women.

In September, the Agent met with three Home Demonstration Clubs. Three all day work meetings were involved in the interest of rejuvenating the furniture at the Community Rest Room in Yuma. Since the Rest Room was instituted some twelve years ago by the Home Demonstration Clubs and has functioned during the years for the benefit of the club women as well as for Yuma women and children, it was voted to make new covers. The old covers were badly worn. The three clubs were as follows: Gadsden; North Gila; Wellton. The Agent supervised the work all three days with the following result. Springs in six cushions entirely rebuilt. One chair entirely rebuilt; one davenport re-slip covered; three overstuffed chairs re-slip covered.

In 1948, a Yuma County 4-H girl, Betty Jo (Bo-Peep) Frauenfelder represented Arizona at the 4-H Congress in the "Better Methods Electric" contest. Her special problem was dish-washing and the study led her first to make a card on coasters for carrying dishes to and from working units. She drew floor plans of the kitchen and dining room ~~are~~ and finally interested her mother and father in utilizing a porch in an entire reorganization of equipment for work simplification. The other day the Agent visited the home and found the father with carpenter rebuilding the back of the house. The father said "See what Bo-Peep and her Better Methods contest have gotten us into" Everyone is happy over the prospect of a modern kitchen built for work simplification.

SUB PROJECT A--Related Agencies

For the past four years, the first place on the list of helps from related agencies goes to the Yuma Senior Chamber of Commerce and to the Crane School. The Chamber of Commerce has furnished funds for all cash prizes at the Junior Agricultural Fair and for trips to the 4-H Round-Up in Tucson. The Crane School has been host for four years for the Junior Agricultural

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Fairs and for the Recognition Banquets. Not too much can be said for the splendid cooperating of the school principal, Mr. Warren Sirrine as well as his grounds maintenance staff.

SUB PROJECT B--Conferences

Conferences attended by the Agent without the County may be listed chronologically as follows:

December 5 to 10--Annual Extension Conference, Tucson
February 7 and 8--Extension Radio School, Tucson
April 2--Arizona Home Economics Association, Tucson
April 18 to 21--Country Life Conference, Tucson
June 6 to 10--4-H Round-Up Tucson
Aug 29 to Sept. 4--State Home Demonstration Conference,
Broken Arrow Ranch
Sept. 15 to 17--Yavapai County Fair, Prescott
Nov. 14 to 19--Annual Extension Conference, Tucson

This current year has had two Annual Extension Conferences, the reason being the advancing of time one month this Fall. At the Extension Conference in December the principal off-campus speaker was Director C. W. Rubel of the Agricultural Extension Service, University of California. He spoke to the subjects "Trends in Agricultural Extension Work" and "Modernizing the Agricultural Extension Service". Mr. J. Howard Pyle, Program Director of KTAR in Phoenix spoke on "Meeting the People". All these addresses were practical and timely.

On campus speakers were Director Pickrell, Dean Burgess and Dr. Hawkins. Dr. Hawkins talked on the subject "Instruction in Agriculture at the College Level in Arizona" and presented the results of a very interesting survey of the teaching loads in the various Land Grant Colleges in the United States. Director Pickrell gave us a general trend of the conference while Dean Burgess talked on "Training for Service".

The Home Demonstration Staff cooperated in a panel discussion "Serving the Farm Family" at one general session. In this panel discussion the Yuma County Home Demonstration Agent was assigned the topic "Getting the Home Management Program Across". She told of the County activities in Home Management Specialist and used as illustrative material the miniature expanding house and charts prepared by Jerald Cain.

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Home Demonstration Agent sessions were highlighted by photographic school when actual supervision was given in photography. A discussion of "The Wetzel Grid" by Dr. Ethel Thompson which is an improve method for measuring children's growth standards was particularly interesting.

The two day Radio School held on the University Campus was led by Mr. Joe Tomkin, Information Specialist from the Washington Office. It was a very worthwhile two days spent in giving new points in making Broadcasts really function.

The Agent was on Annual Leave April 2nd in order to attend the Arizona Home Economics Association meeting in Phoenix. This was the last meeting for her to preside as President. The morning was spent in a business session. At noon there was aluncheon and program on Home Safety. More than a hundred home economists from all over the state were in attendance.

The Country Life Conference was held on the University Campus, April 18th to 21st.

Four communities were represented by four delegates as follows: Mrs. Cloa Cannon, Rood; Mrs. Jay Rohrbough, Wellton; Mrs. George Lott, Gadsden; Mrs. Beryl Cravens, Somerton. Reasons for the poor attendance were: schools in session; Men working the fields. The Yuma season seems to be just sufficiently more advanced to make the difference. However, the change in time seemed favorable for most of the state. We hope for a much larger Yuma County delegation next year. The four delegates who attended are loud in their praises of the Conferences.

Details of the State 4-H Round-Up have been told elsewhere in this report so will not be repeated here.

The Annual State Home Demonstration Conference was held at Broken Arrow Ranch, Hereford, Arizona. This is a country community near Bisbee Junction in Cochise County. The Agent spent Monday, August 29, in travel to the conference. On Tuesday, August 30, sessions began at nine in the morning. For Tuesday, Wednesday, Thursday, and Friday, there were morning and afternoon sessions with two evening sessions. The entire time was very profitably spent, highlighted with discussions led by Mrs. Lydia Anne Lynde, Specialist in Parent Education from the Washington office.

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The specialists were each helpful in their particular fields. Miss Grace Ryan demonstrated the use of case studies as a teaching technique for money management. Miss Reva Lincoln talked on securing and using the data of Leaders reports. Miss Helen Church showed the advantageous use of slides in presenting clothing subject matter. Miss Jean Stewart stressed the importance of Extension planning. Mrs. Lois Harrison and Mrs. Mae Baldrige told very interestingly of their Extension summer school experiences at Colorado State College in Ft. Collins.

The Ranch itself was a lovely experience. The Harry Plunkett family, proprietors, were wonderful hosts and among other things, the meals will be long remembered. Miss Stewart secured some people of prominence who live near the ranch to appear on the program. Among them was Mr. Welton Heald, Author and Rancher, who spoke on the subject "Your Arizona".

While the main topics of discussions were on problems of reports, advancing the frontiers of Home Economics, organizing 4-H Club Work, etc., the thing that will perhaps have the most lasting influence will be the philosophical approach to all problems presenting themselves to Home Demonstration Agents.

From the fifteenth to the seventeenth of September the Agent was out of Yuma County serving as one of the official judges at the Yavapai County Fair. She judged all entries in foods and in canning. The Fair was well organized, the women in charge very helpful, and everything went smoothly. It was the first time the Agent had visited a County Fair in Arizona and she thoroughly enjoyed the experience.

The Annual Extension Conference this November proved one of the most helpful we have had so far. The out of state speakers was the Associate Director of Extension from New Mexico. Mrs. Mildred Wiegley Wood from the Phoenix Junior High School gave an excellent talk on Family Relations. A University faculty member and the Vice President of the Valley National Bank in Phoenix gave us timely information on our National and International Democratic processes. One general session was devoted to 4-H club work. It was worked out in the form of a skit to explain how to conduct training meetings for 4-H Club Leaders. Both the general sessions and the Home Demonstration sessions were unusually usable on the County level.

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XVIII. COMMUNITIES

Of conferences within the County, the following may be told chronologically:

In December there were two such meetings. On December 3rd a luncheon meeting was held in the San Carlos Hotel with representatives from the Chamber of Commerce, 4-H Club Leaders, Mr. Sirrine of Crane School and the County Extension staff in attendance. The main topic under discussion was to determine where the Junior Agricultural Fair was to be held this year. Sheds had been purchased at the Air Base to furnish shade for the animals and these sheds had to be moved without delay. It was finally decided to hold the Fair at Crane ~~where~~ ^{where} permanent grounds ~~to be~~ ^{are} decided upon when plans for a County Fair have materialized.

The second December meeting was held on the fourth when the Yuma County 4-H Council met for luncheon at the Valley Cafe. Regular business of the Council was dispatched.

In January, a special meeting of the 4-H Council participated in by Council members, Leaders and County staff members, was held to make plans for the 4-H Float to be used in the Silver Spur Rodeo Float. *parade.*

In February, a 4-H Leader meeting was held to plan for the 4-H Fair.

This was a luncheon meeting at the Valley Cafe with Forty leaders in attendance. The chief work of the meeting was that of deciding departments, entries, program, superintendents, awards, etc., for the Fair Catalog. At this meeting, Miss Maryetta Shoup from the State Office was present. On February 21st Miss Shoup returned to the County and worked in the various communities with 4-H Leaders on demonstrations. Her report is attached.

In May, the Home Demonstration Agent and the Assistant County Agent went to Parker the morning of the eleventh for the purpose of conferring with Indian Agent Officials and with Mr. Kenneth McKee concerning future 4-H Club work in the area now being opened for settlement to Indian families. The time was spent largely in a discussion of methods employed for carrying on 4-H club work. Plans were made for prospective leaders to attend the 4-H Leader Camp to be held in Flagstaff during August. It is thought that a good beginning in 4-H club work can be made next year and that it will grow as the Parker project develops.

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Also in May, the local chapter of the Daughters of the American Revolution requested a conference with the Agent on Youth Activities. The time was spent in discussing 4-H club work and the importance of adult leadership.

In July the Home Demonstration Agent met as a part of the Yuma County 4-H Council in the basement of the City Hall on the twenty-third. Future plans were developed for 4-H events and some very good suggestions came out of the discussion.

In August the Home Demonstration Agent went in Company with the Assistant County Agricultural Agent, to Parker. The purpose was a second conference with the committee from the Indian Agency to talk over 4-H club plans.

The Agent took along a supply of 4-H Home Economics project bulletins and explained them to the women present at the meeting. Two project leaders were selected to work with Mrs. Ben Langendorf the overall Home Economics leader. They are: Mrs. Chas. H. Smith, Parker; Mrs. Morris Sevada, Poston. These ladies were present with their husbands and gave every promise of being good leaders. Enroute to and from Parker, club leaders at Bouse and at Quartzsite were contacted in the interest of getting in record books and of attending the 4-H Leader Camp. At Bouse two of our older 4-H club girls signed up to go to 4-H Camp and at Quartzsite two leaders made final arrangements to attend the Leader Camp.

Also during August, conferences were held in cooperation with Miss Helen Yost of Yuma. Miss Yost is the official person to work for the placement of "displaced persons" from abroad. In a number of instances she has not know how to reach people in our rural areas. The Home Demonstration Agent has on two occasions gone with her to show her where people live. In each instance the Agent felt it worth while from an Extension angle because she was able to talk with homemakers about Home Demonstration and 4-H club work. Miss Yost has been quite successful in placing families and in all instances, in rural areas, the families are much needed for the work they can do.

In September, a new procedure was instituted. The State 4-H Staff came to the County in ~~September~~ on the 19th and 20th, and two interesting sessions were held with the Assistant County Agent and the Home Demonstration Agent. Plans were made, the County 4-H program at that time.

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Decisions made have been elsewhere given in this report.

In October, a County 4-H Council meeting to plan for the Recognition Event and to elect officers was held the morning of the eighth. In the afternoon of the same day, a very satisfactory 4-H Leaders meeting was held. Twenty-four leaders and County workers were in attendance. The results of the conference with Mr. McKee and Mrs. Kightlinger were reported to the group and there was discussion of the separation of 4-H Club work from any class room curriculum. The group formed an official County Leader Association, elected officers, and delegated certain authority to the Executive Board thus formed.

In November the Agent conferred with these groups concerning program plans for the coming year. One was the newly formed Yuma Mesa Veterans HomeMaking Club. The Agent explained the workings of the Home Demonstration movement in Arizona. They were much interested in the Extension program for the year and voted to send leaders to our various leader meetings, "Refinishing Furniture" on November 30th. The other was a meeting of young homemakers who are planning a so-called "uplift" program for the year. Their overall theme is "Happiness". The Agent was able to weave in Home Demonstration suggestions and through their program chairman will be reached from Home Demonstration programs. Camp Fire guardians had a work shop early in the month and asked the Agent to talk on "Understanding the Girl". The Agent used the new Children's Bureau bulletin "Your Child from 6 to 12" as background material.

SUB PROJECT C--Publicity

Publicity may be classified under three heads as follows: newspaper, radio broadcasts, circular and mimeographed letters.

The Yuma Daily Sun, which is the local newspaper, has given regular publicity to 4-H club work as well as other activities of the Extension program. The Home Demonstration Agent has shared with other staff members of the County Agricultural Agents' office, a farm page appearing each Saturday in the paper.

As before told, the Home Demonstration Agent from time to time has given a 15 minute broadcast over KYUM, Yuma. Most of these were given as her share of a regular weekly 15 minute broadcast series given under the auspices of the County Agricultural Agent's Office. Some of these dealt

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with Home Economics subject matter, while others publicized special events and Junior Agricultural Fair, County Life Conference, State 4-H Round Up, 4-H Camp, 4-H Recognition Banquet, 4-H Exhibit at the State Fair, regular Home Demonstration Club meetings and special leader meetings.

There have also been mimeographed newsletters sent to all the mailing list, and as before told a 4-H newsletter published cooperatively by the Ass't County Agricultural Agent and the Home Demonstration Agent.

SUB PROJECT E--Achievement Days

This subject has been pretty well covered in previous discussions. Either through the Junior Agricultural Fair, the Recognition Banquet, or individual achievements, all 4-H club girls who have completed projects, have taken part in achievement programs.

The Home Demonstration Agent was, herself, an unexpected achievement winner this year. Since it was given because of her work as an Extension person, it seems only fair to tell of it here. Each year, interrupted only during the war period, the local paper, Yuma Daily Sun, conducts a poll to determine the outstanding citizen of Yuma County for the year. Before this year a man has been chosen and since this year the "man of the year" was a woman it made quite widespread news.

Mariel Hopkins Is First Woman to Win Yuma County's 'Man of the Year' Title

A woman of many years' devotion to service to her community today sets a high record for other Yuma county women.

She is Mariel Hopkins, the kindly, white-haired woman who is the first to be chosen as Yuma county's outstanding citizen for 1948 in the Yuma Daily Sun's 'Man of the Year' selection. She has been home demonstration agent and girls' 4-H club leader for Yuma county the past 12 years.

High Record Set

During those 12 years she has set a high record of professional achievement, working patiently for better homemaking practices among women and building the girls' 4-H club program to its present active and successful scope. She developed many girls whose accomplishments in home economics won them state and national honors and brought Yuma county additional fame.

But over and above the duties of her job she has labored to make Yuma county a better place in which to live. She has given generously of what little time remained after long working hours to aid dozens of worthwhile projects and organizations. She volunteers to help the things she believes in, and she has seldom turned down a call for help from others.

Yuma county may well salute its first Woman of the Year, whose unselfish devotion has benefitted her community in so many ways over such a long period.

Began in 1938

Miss Hopkins' 4-H club girls first won local accolade in 1938, when Adelle Fellet won state and then national honors in sewing. After that, Yuma county and Miss Hopkins produced winners more or less regularly.

In 1940 Audrey Jean Spain of Wellton was state clothing representative to the national 4-H club congress, where she won the blue ribbon. Next year, Mildred McElhaney placed first in the state dress revue and won the honor of attending the national meet.

1942 found Louisa Simons winning the state clothing contest and attending the National 4-H Club Congress, and in 1944 Ann Rohrbough of Wellton went to Chicago on her record of achievement, followed the next year by Rachel Frauenfelder of Gadsden, the state dress revue winner.

4 in 1947

In 1947 Yuma county sent four girls to Chicago as state winners. They were Billie Simons, Mona Berry, Mabel Rohrbough and Joan Cannon. This year, Betty Jo Frauenfelder and Mary Lott were among the group of six Yuma county 4-H clubbers who won trips to Chicago.

Only a sincere devotion to her work could have produced so many achievements.



Mariel Hopkins

others will testify.

"She is always ready and willing to help any club with a project requiring skill in handcraft," wrote Lucy Lee Robertson, president of Delta Kappa Gamma, an educational society for women teachers.

"There is not a club of any kind that has not called upon her at least once, but more often many times, to prepare a huge dinner for some important event. She has never failed to make that occasion a success."

Ruth Foster, president of the Yuma branch of the American Association of University Women, points out that "She gives freely of her time and talents. At a moment's notice she fills an unexpected vacancy at a church organ or piano. She has contributed much to the general welfare of the community."

Mrs. Madeleine P. Jameson, president of the Business and Professional Women's club, wrote that the community is indebted to Miss Hopkins for "training young people to become self-sufficient and responsible. Many a young woman attributes much of her success as a homemaker to the training she received under Miss Hopkins' leadership."

Most all of those Yumans who nominated Miss Hopkins for 'Woman of the Year' held her contributions to the welfare of children and homemaking most highly. All over Yuma county, from Salome to San Luis, from Roll to Yuma, she has won lifelong friends and admirers among people who believe in the home and the importance of preparing children to take their rightful places in life.

Signatures

Among those signatures that appeared on behalf of Miss Hopkins are these: Mrs. Curtis H. Keene, Sr., Mrs. W. R. Shugart, Mrs. Padgett Berrie, William J. Walker, Mrs. R. L. Coker, James

R. Guy, H. Marvin Smith, Perry Copple, Ida G. Clymer, Virginia Eastlick, Esther R. Allen, Arah Seamans, Alice Gorman, Mabel Davis, Effie Davidson, Mrs. Ray Brumley, Elizabeth Hoskinson, Doris Power, Mr. and Mrs. Carl Seif, Laura Killman, Gladys Howell, Rev. Raymond C. Acheson, H. P. Bell, Virgie and C. A. Dulaney, E. Garrison, Connie E. Garrison, Zola B. Schwark, L. K. Murphy and Pearl B. Sexsmith.

Also C. D. Crawford, C. W. Sorensen, Duegusta Pratt, Louise Johnston, Julia G. Gillig, Myrtle Sorensen, Elizabeth W. Rouse, Viola Hutchinson, Margaret BeDillon, Emma Joyner, Millard and Margaret Fourt, Edwin and Jayne Randall, C. D. and Alice Miller, Pete and Frances Woodard and Elizabeth Beecroft.

Also Ida Haugen, Susan Odle, Mrs. Margaret Sauvageau, Lucy Hobart, Ruth Byrd, Eleanor McCoy, Effie F. Bailey, Clara A. Riley, Irene Knight, Viola Crow, Florence Brandt, Faith T. Taylor, Ada Lee Gilliam, Ludmella Ralston, Mrs. Opal A. Rounds, Patricia McCoy, Mrs. Marion Eddy, Mrs. Kitsey B. Case, Mrs. Merle Hayes Hainze, Mrs. M. N. Forman, Mrs. Thomas B. Gibbens, Mrs. Florence Stanley, Cora Beach, Jennie Kent, Gwyneth Ham, Winifred E. Devendorf, Iva L. Carter, Clarissa Winson, Helen Corey, Blanche M. Brown, Ruth C. Flood and Clara M. York.

Also Mary Estelle Dingess, Doyné Maehling, Maurita Manciet, Aleda Miller, Katherine Boettcher, Edna M. Jones, Margaret Woolston, Pauline Van Horn, Pat Martin, Janet B. Copple, Vera Bernstein, Mary McCollom Martin, Dorothy Lightner, Helen Koogler and Lourene Taylor Olson.

Also Charlotte Herring, Paloma White, Virginia McIntosh, Garnet Byers, Lois Shapard, Grace Faulkner, Maybelle Pyle, Mabel Ward, Vivian Heileman, Ruth McCoy, Helen Cheshire, Neva Thomas, Leilia M. Pane, Emma B. Wisener, Joy Welter, Beulah White, Eva Junken, Jane Page, Fay, Merle D. Bickers, Olive A. Ammons, Ollis L. Gibson, Lizzie Bradford, Kathryn Haugh-telin, Catherine Edwards, Marie E. Cox, Mrs. J. W. Longstreth, Mrs. L. S. Landon, Mrs. Leolia Stevens, Mrs. R. D. Callerman, Anna Vincent, Mrs. Winifred Moseley, Mrs. Jewel Jones, Della Harrison, Frances Hardy and Rilla B. Leatherman.

Mariel Hopkins is worthy matron of the Order of Eastern Star, a member of the B. P. W., Zonta, Delta Kappa Gamma, and the American Association of University Women.

Man of the Year for 1947, was the late Maurice J. Hackett, manager of the Yuma branch of the First National Bank of Arizona and a public benefactor and civic leader here for many years, who died of a heart attack in New York during 1947.

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SUB PROJECT K--Recreations

During the last four years, 4-H Club recreation has received impetus over previous years. Particularly is this true for the older youth groups. Meetings have included a period for singing and for folk dances. In this the Agent has helped when it was expedient, some times as accompanist, others as song leader and in directing games.

One cannot be a Home Demonstration Agent in one County for fourteen years without making many contacts that serve to stimulate community life, recreational and otherwise. Hence many services have been rendered which, in themselves, may not warrant mention but which have altogether been a real positive factor.

E. OUTLOOK AND RECOMMENDATIONS

As in previous years, the outlook for Home Demonstration work in Yuma County seems to be one of comparative security because the things, which the work has to offer are timely and needed in the operation of homes.

With adult groups specific studies for the coming year include:

Nutrition:

"Meals that Can Wait" "Salads from Local Grown Foods"

Clothing:

"Pattern Alteration" "Wardrobe Planning"

Home Management and Home Furnishings:

"Special Wood Finishes" "Lighting in the Home and Lamp Shades"

The 4-H Club program is becoming better integrated into community life which should deepen its roots for real accomplishments.